Welcome to the world of Sky+HD

This is your essential guide to using your Sky+HD box

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Back to basics

The Sky installer should have shown you the basics of how to use your Sky equipment. Here's a reminder of what you need to enjoy the channels and features on offer.

Your Sky+HD remote control

sets your remote to control your Sky+HD box

sets your remote to control your TV

shows Box Office programmes

shows TV and radio listings

turns your TV's sound on and off

changes your TV's volume

show what's on other channels or highlight on-screen options

switches to text mode

pauses a recording or live TV

plays a recording

rewinds a recording or live TV

records a programme

turns your Sky+HD box (or TV) on and off

gives options including subtitles, favourite channels and turning off the mini TV

provides interactive services

tells you more about a programme

changes channel or goes up/down a page

confirms a menu option

jumps back to last page or to previous level in Sky Guide screens

turns on subtitles/audio description or shows help on using Sky Guide

fast forwards a recording

stops playback of a recording

select on-screen options

1 - 0 enter channel numbers or select menu options

press before entering a radio channel number

Your Sky+HD box*

Top

back up • jumps back to last page or to previous level in Sky Guide screens

tv guide • shows TV listings

⏻ • turns the box on or off

i • reveals more about a programme

arrows • shows what's on other channels or highlight on-screen options

select • confirms a menu option

◄◄ rewinds a recording or live TV

■ stops playing back a recording

Ⓡ records a programme

► plays a recording

▮▮ pauses a recording or live TV

►► fast forwards a recording

lights when Sky+ is recording or playing back programmes

interactive card slot • insert your interactive card here to go interactive

Sky viewing card slot • leave the viewing card in here at all times

☎ lights green when you're online (using the phone line)

✉ lights yellow when there's a message waiting

lights red when the remote control is used

⏻ lights red when the box is off, green when the box is on

*** Your model's configuration may vary from the illustration shown. Sky is not responsible for the manufacture of your Sky+HD box. For your manufacturer's details, see the back cover of this guide.**

About your Sky+HD box

With your Sky+HD box, a compatible HD ready TV and the relevant subscriptions you can enjoy fantastic Sky entertainment in glorious high definition.

Your Sky+HD box gets HD information from the satellite through the minidish, it then decodes the information and sends it to your TV.

With a Sky+ subscription, your Sky+HD box is a video recorder and satellite receiver in one. It also has two inputs from the satellite dish, which means you can watch one programme while recording another.

What are HD and Sky+HD?

Sky currently has the widest choice of HD channels in Europe, across sports, and movies, to arts, drama and documentaries. Enjoy over 11,000 hours of HD programmes a month - that's more than three times the standard definition output of the UK's five terrestrial channels combined.

Our Sky+HD box comes with all the Sky+ features and double the storage capacity of a current Sky+ box.

Plus you can discover a hand-picked collection of the week's unmissable TV with Sky Anytime, at no extra cost. Depending on your Sky TV package, discover the latest movies, exclusive new shows and more, ready to watch when you are.

To discover what's on in HD go to *TV Guide* and select the *HD* tab, visit sky.com/hd or go to page 19 of this guide.

Check out our **HD jargon-buster** on page 95.

What you need to enjoy Sky+HD

To enjoy all the benefits of Sky+HD you need a compatible HD ready TV, a Sky+HD box and subscriptions to Sky TV with the HD Pack.

Your Sky+HD box is designed to work with TVs that carry the HD ready logo. You can use a TV without the HD ready logo as long as it has these technical features:

- The screen must have a minimum native resolution of 720 lines in wide aspect ratio.
- The screen must be able to receive high definition pictures by either a DVI (with HDCP), an HDMI (with HDCP) or an analogue component connection.
- The TV must be able to display both 1080i/25 and 720p/50.

For more details about your TV, contact the manufacturer or your retailer. To find out more about HD equipment in general, visit sky.com/hd.

Keeping you up-to-date

As we make improvements and create new features, we update the software you see on-screen by sending it via the satellite. We'll let you know about these new features as soon as they're available.

All the Sky+ features and more

With your Sky+HD box and the relevant Sky subscriptions, you can enjoy all the features and benefits of Sky+.

The Sky+HD box is a digital receiver and recorder in one, making it easy to record and store a collection of your favourite programmes to watch whenever you want. Store and play back hours of entertainment without videos or DVDs, record two programmes at once, pause and rewind live TV and more. Plus, you can set up TV recordings remotely using your mobile or online at sky.com with Remote Record, so you can record the TV you love wherever you are.

The Sky+HD box also comes with double the storage capacity of a current Sky+ box, allowing you to store up to 30 hours of HD programmes or up to 80 hours of standard definition shows.

To subscribe to Sky+HD, call the relevant number listed under the *Telephone Numbers* page in your Sky Guide (see page 89).

Your viewing card

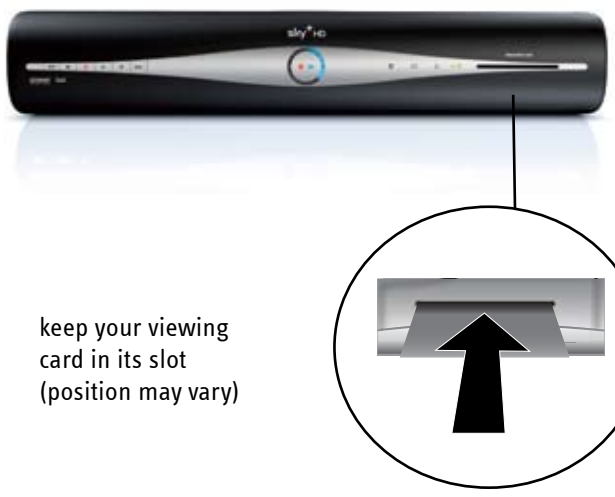
Your viewing card needs to stay in your Sky+HD box at all times so you can view all the Sky TV channels you're entitled to.

The viewing card slot is under the flap on the front of your Sky+HD box.

There's no need to remove the viewing card unless it's faulty or has expired.

Please remember these cautions:

- Don't remove or re-insert the viewing card unnecessarily.
- Don't bend the viewing card.
- Keep the card away from heat and sunlight.
- Keep the card dry. Never clean it with fluids - use a soft dry cloth.
- Keep the card away from small children and pets.



Your Sky+HD remote control and your TV

Your Sky+HD remote control can work with both your Sky+HD box and your TV.

Press **tv** on the remote control to switch control from the Sky+HD box to the TV.

Press **Sky** to go back to controlling the Sky+HD box.

The Sky installer should have already set up the remote control for you. If you leave your remote control without batteries for longer than 10 minutes or if you have a new TV, you need to reset the remote control to work with your TV. See **Resetting your remote control** (page 67) for details.

Getting started

Turning your Sky+HD box on and off

Press the **Sky** button on your Sky+HD remote control to turn the box on, and wait for a few moments for it to start up.

To turn your Sky+HD box off, press the **standby** button on your remote control.

The standby light on the front panel is red when your Sky+HD box is plugged into the mains but turned off. The light is green when your Sky+HD box is on.

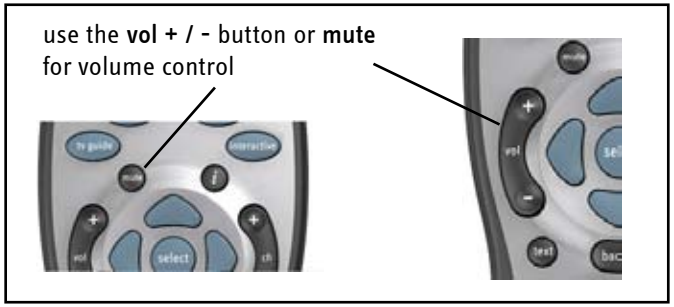
To save power and money, please put your Sky+HD box into standby mode when you're not using it.

See **Saving energy with Auto Standby** (page 75) to read about your Sky+HD box's automatic energy-saving mode.

Changing the volume

Use the remote control's **vol +/-** button to change the volume of your TV.

You can turn the volume off altogether by pressing the **mute** button.



Changing channels

To go through the channels one at a time, press the **channel +/-** button on your remote control and wait for the channel to change.

If you know a channel's number you can enter it on the remote to jump straight to that channel. For example, enter the sequence **5**-**0**-**1** for Sky News.

See the chapter **Seeing what's on** (page 16) for details on changing channels from the Now, Next & Later banner or from full-screen listings such as TV Guide.

change channels one at a time with **ch +/-**

or by channel number with the number buttons

About the Now, Next & Later banner

The Now, Next & Later banner is your ultimate on-screen helper - it lets you see what's on now and later, change channels, set reminders, record programmes if you have a Sky+ subscription, and see which programmes you are recording right now, all without interrupting what you're watching.

- Press an arrow button or **select** to show the Now, Next & Later banner.
- Press **back up** to remove the banner.

There are tips on using the banner throughout this guide, most importantly;

- **Seeing what's on** (page 16)
- **Finding out more about a programme with the *i* button** (page 21)
- **Recording with Sky+** (page 31)

use the arrows or **select** to show the banner

the banner shows you what's on now and later

You're in control with Sky Guide

You control what you watch on your Sky+HD box by browsing the on-screen Sky Guide using your remote control.

Pressing **tv guide** on your remote control displays the following *TV Guide* screen:

information area

top menu

use **left/right** to highlight the option you want then press **select**

middle menu

use **left/right** to highlight the tab option you want then press **select**

bottom menu

or 'listings'
use **up/down** and **left/right** to highlight the item on the page

mini TV

(if available) showing what you're watching so you don't miss the action

shortcuts

to get to a different Sky Guide page or your stored favourites, press one of the colour buttons as shown at the bottom of the screen

to go back...

Press sky to leave the screens and go back to what you were watching

Use back up or **up** to jump back to the previous level, i.e. from the listings to the middle menu, from the middle menu to the top menu

Overview of Sky Guide options

The top menu allows you to pick an option from any Sky Guide screen by scrolling left/right to highlight your choice, and then pressing **select**.

top menu

Symbol / Option	How to get there	Description
TV GUIDE		see what's on for the next 7 days on all channels including HD
PLANNER	+ green	manage your reminders and recordings
ANYTIME	+ red	watch a selection of Sky programmes, whenever you want
BOX OFFICE		order Box Office movies, sports and events
INTERACTIVE		play games, get up-to-date information
RADIO	+ scroll right	listen to and record digital radio channels
SEARCH	+ blue	search for a specific programme
PARENTAL	+ scroll left	change your PIN, set viewing restrictions, limit spending
OPTIONS		set up your favourite channels, turn on subtitles
SETTINGS	+ scroll right	change picture and sound settings, test your Sky+HD box system

Showing your Sky Guide pages in full-screen mode

Turning the mini TV off gives you a full screen of listings and plays the audio of what you are watching.

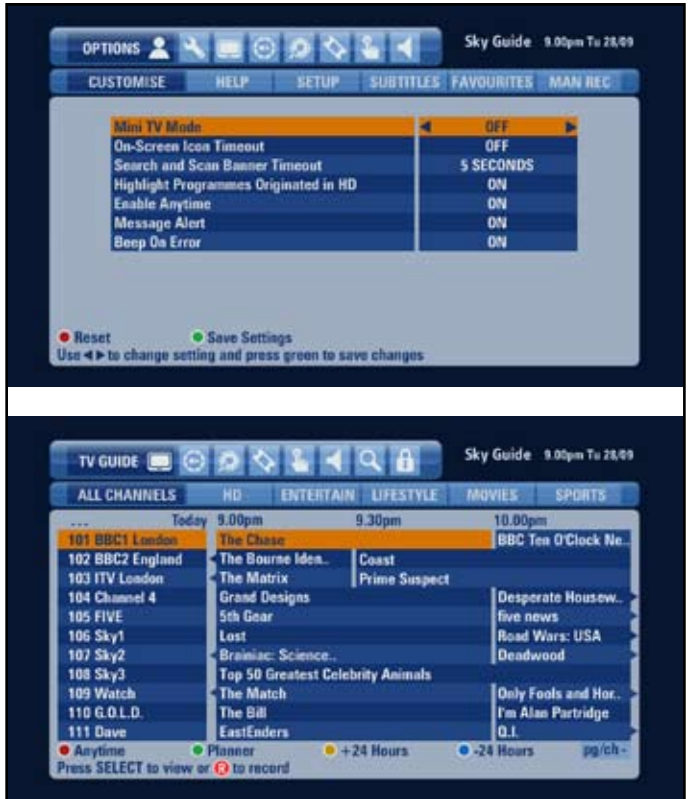
To see your Sky Guide screens in full-screen mode:

1 Press **services** (for *Options*), press **down** then select the *Customise* tab.

2 Under *Mini TV Mode*, press **left**/**right** to choose *OFF*.
The mini TV and the programme information area disappear.

3 Press the **green** button to confirm (*Save Settings*).

To get details on a programme in full-screen mode, just highlight it and press ***i***.


OPTIONS
Sky Guide 9.00pm Tu 28/09
CUSTOMISE HELP SETUP SUBTITLES FAVOURITES MAN REC
Mini TV Mode OFF
On-Screen Icon Timeout OFF
Search and Scan Banner Timeout 5 SECONDS
Highlight Programmes Originated in HD ON
Enable Anytime ON
Message Alert ON
Beep On Error ON
Reset
Save Settings
Use ◄► to change setting and press green to save changes
TV GUIDE
Sky Guide 9.00pm Tu 28/09
ALL CHANNELS HD ENTERTAIN LIFESTYLE MOVIES SPORTS
Today 9.00pm 9.30pm 10.00pm
101 BBC1 London The Chase BBC Ten O'Clock Ne..
102 BBC2 England The Bourne Iden.. Coast
103 ITV London The Matrix Prime Suspect
104 Channel 4 Grand Designs Desperate Housew..
105 FIVE 5th Gear five news
106 Sky1 Lost Road Wars: USA
107 Sky2 Brainiac: Science.. Deadwood
108 Sky3 Top 50 Greatest Celebrity Animals
109 Watch The Match Only Fools and Hor..
110 G.O.L.D. The Bill I'm Alan Partridge
111 Dave EastEnders Q.I.
Anytime Planner +24 Hours -24 Hours pg/ch-
Press SELECT to view or R to record

Sky Guide page in full-screen mode

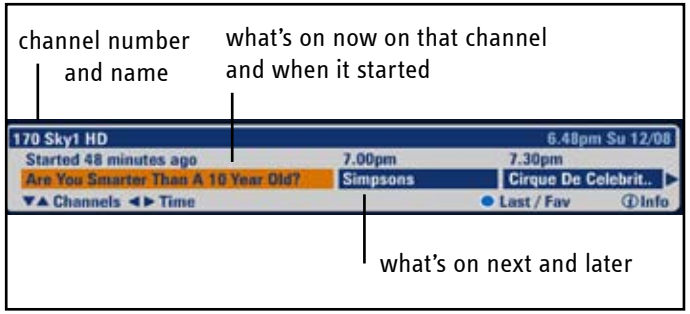
Seeing what's on

Quick glance at what's on with Now, Next & Later

With Sky you don't have to change channels to see what else is on.

When you're watching a programme, press **select** or the **up/down** arrow. The on-screen Now, Next & Later banner appears.

- To see what's on the same channel at different times today, use the **left/right** arrow.
- To see what's on a different channel, use the **up/down** arrow then **left/right** to check different times.
- To watch a programme, highlight it and press **select**. If it's on later, the programme is added to your Planner and you'll get a reminder just before it starts. See **Setting reminders for programmes** (page 30).
- To record the programme, press the **record** button on your remote. See **Recording with Sky+** (page 31).



Complete overview of what's on with TV Guide

To see the entire list of channels and programmes for the next seven days, use the TV Guide pages:

1. Press **tv guide**

2. Sort the channel list by selecting a category tab. Use **left/right** to highlight one of the following, then press **select**:

All channels, HD*, Entertainment, Lifestyle, Movies, Sports, News, Documentaries, Kids, Music, Shopping, Religion, International, Gaming, Specialist, Adult, Favourites.
(Remember these are types of channel rather than programme)

* HD programmes are highlighted in yellow in the TV Guide listings.

3. Use **up/down** to highlight a channel

enter the channel number to jump straight to the channel you want (3 digits for TV channels, 4 digits starting with 0 for radio)

These colour options change depending on what's highlighted

Press **ch+** or **ch-** to go to the next/ previous page of listings

4. Use **left/right** to highlight programmes and see what's on at different times

To watch a programme, highlight it and press **select** to show it in the mini TV (if available) then **select** again to tune to it (in full-screen mode, just press **select** once to tune straight to it). If it's on later or on another day, you get a reminder just before it starts. See **Setting reminders for programmes** (page 30).

To record a programme, press the **record** button on your remote. See **Recording with Sky+** (page 31).

Use **back up** to jump back to the previous level, i.e. from the listings to the middle menu, from the middle menu to the top menu.
Press **Sky** to leave TV Guide completely.

Finding a specific channel in TV Guide

TV Guide lists channels by channel number.

- If you know the number of the channel, you can enter it using the number buttons.
- Go down a page at a time by pressing **ch-**.
- To see what's on later on that channel, keep pressing **right**.
- To see what's on up to 7 days in advance on that channel, use the **yellow** (*+24 Hours*) and **blue** (*-24 Hours*) buttons.

Radio channel numbers start with a zero (for example, 0101).

Seeing what's on your favourite channels

Once you've marked channels as your favourites (see page 60), you can choose to see what's on those channels only.

To see what's on your favourites without interrupting what you're watching, just keep pressing the **blue** button. The banner appears, showing your favourites one by one. The first channel you see when you press the **blue** button is the channel you last viewed. Press **blue** again to get to your favourites.

You can get a complete overview of what's on all your stored favourite channels with any of these shortcuts;

From *TV Guide*: press **yellow** or scroll to the *Favourites* tab.

From your Planner: press **green**.

From *Anytime*: press **red**.

Seeing what's on the HD channels

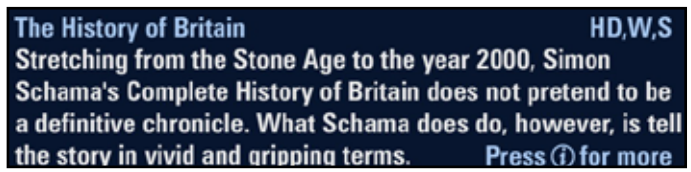
To see listings for HD channels only, go to *TV Guide* and select the *HD* tab.

In Now, Next & Later and general listings, you can spot HD channels easily as they have the letters *HD* after the channel name, for example, *Sky One HD*.

Identifying HD programmes

A programme broadcast in high definition will have the letters *HD* in its programme information bar:

- While watching the programme, press ***i*** on your remote control;
- From the Sky Guide listings, just highlight the programme and check the programme information in the top left corner. In full-screen mode, highlight the programme and press ***i***.
- HD programmes are highlighted in yellow in the TV Guide listings so they're easier to spot. To turn off this setting, go to *Options* > *Customise*. Under *Highlight Programmes Originated in HD* press **left/right** to select *OFF*. Press **green** (*Save Settings*) when you're done.


The History of Britain HD,W,S
Stretching from the Stone Age to the year 2000, Simon Schama's Complete History of Britain does not pretend to be a definitive chronicle. What Schama does do, however, is tell the story in vivid and gripping terms. Press i for more

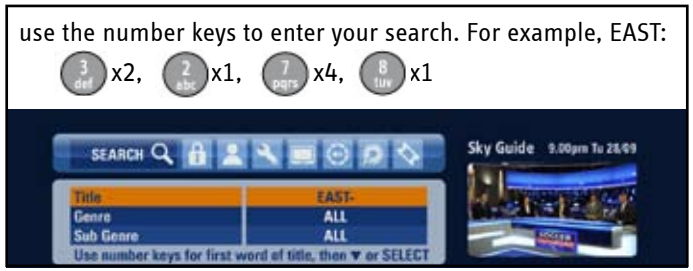
Finding a specific programme

You can search for a specific programme, or type of programme, showing in the next 7 days or stored in your Planner or Anytime, using the Search option. See also *Jumping to a programme in the Planner's A-Z list*, page 25.

To start, press **tv guide** then the **blue** button (*Search*).

Searching by title

To search for a programme using the first word in the title, use the remote number keys (as though you were typing a text message). For example, to search for all programmes beginning with EAST, press 3 twice, 2 once, 7 four times, and 8 once. Press **left** to delete the last letter or **back up** to delete all the letters you have entered. Press **down** to refine your search by genre, and subgenre, or **select** to get the programme results.


use the number keys to enter your search. For example, EAST:
3 def x2, 2 abc x1, 7 pqrs x4, 8 tuv x1
SEARCH
Sky Guide 9.00pm Tu 28/09
Title EAST-
Genre ALL
Sub Genre ALL
Use number keys for first word of title, then ▼ or SELECT

Searching by genre

You can narrow your search by searching by category, for example, *Sports*, *Movies* or *Kids*. Go even further and search by subgenre. Press **select** when you're done to start the search. Alternatively, press **back up** if you want to go back to the *Title* field.

Skipping between listings to see the results

The search results separate the programmes on during the next 7 days from those recorded in your Planner and in Anytime. Use the tab options to see the different results. You can record, set reminders, and tune to current programmes just as you would in other parts of Sky Guide.

SEARCH
Sky Guide 9.00pm Tu 28/09
East Midlands Today W,S
Collapsed listing press SELECT for episodes
19 Episodes
TV GUIDE ANYTIME PLANNER
East Midlands Today 980 BBC 1 E Mids
EastEnders 101 BBC 1 London
EastEnders 109 Watch
EastEnders 115 BBC THREE
Press SELECT to view

Changing your search

To change your search criteria, press **red** (*New Search*) to remove what you previously entered and start again. Alternatively, you can press **back up** to remove your title search.

Going back to the channel you last viewed

When you're watching TV and decide to go back to the channel you were watching before, just press the **blue** button. The banner appears, showing the last channel you viewed. Press **select** to tune to that channel.

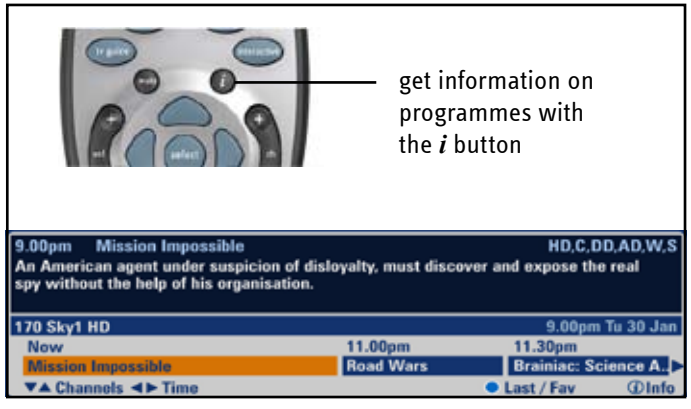
The **blue** button can also be used to view your favourite channels.
See page 60 to choose your favourite channels.

Finding out more about a programme with the *i* button

When you're in TV Guide, and the mini TV is on, simply highlight a programme to show its details in the top left corner – you don't need to press ***i*** here.

To find out about programmes in other parts of Sky Guide, press ***i***;

- when you're watching a programme – either live or recorded
- when a programme is highlighted in the Now, Next & Later banner; with the on-screen programme information banner, you can use the left and right arrows to surf to any other programme to show the synopsis for that programme. (Press ***i*** again to remove the synopsis and go back to the simple Now, Next & Later banner)
- when you're in full-screen mode in Sky Guide and a programme is highlighted (this includes your Planner and Anytime TV).



Codes used in the programme information banner

Rating codes

U Universal, suitable for all audiences including young children.

PG Parental guidance is recommended. Some discretion may need to be applied as to the suitability of the film for younger or impressionable children.

12 Suitable for viewers aged 12 years or over. More mature themes or language make the film unsuitable viewing for young children.

15 Suitable for viewers aged 15 years or over. May contain stronger language.

18 Suitable only for adult viewers aged 18 or over.

See **Having more control over kids' viewing** (page 55) to see how to restrict rated programmes.

Content codes

s Sex or nudity.

l Strong language.

v Violent scenes.

m Material which is intended for a mature audience.

Letter codes

HD This is a **High Definition** programme. HD programmes are shown in widescreen.

C This programme is **copy-protected** and may not play back correctly if you try to record it.

DS You can hear this programme in **surround sound** if your TV/home cinema system is compatible.

DD You can hear this programme in **Dolby® Digital 5.1 audio** if your TV/sound system is compatible. See **Switching on Dolby® Digital audio** (page 73) for more details.

AD You can choose to play an audio description over this programme; a narrative soundtrack for the partially sighted. See **Watching TV with subtitles or audio description** (page 61).

S You can turn **subtitles** on for this programme. See **Watching TV with subtitles or audio description** (page 61).

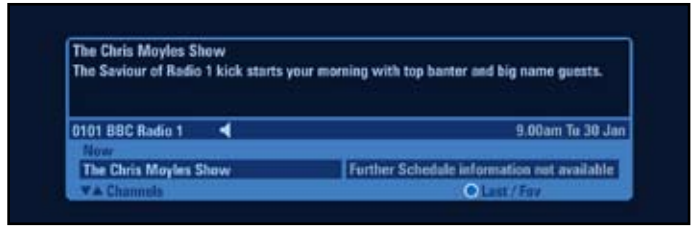
W This programme is shown in **widescreen**. For HD programmes, this code won't be shown although all HD programmes are shown in widescreen (the image on the previous page is shown for illustration purposes only).

Finding and listening to radio channels

You can tune to radio channels in the same way as TV channels:

1 Use the **up**/**down** arrow to browse through the channels shown in the Now, Next & Later banner.
Radio channels appear with a speaker symbol next to them.

2 Press **select** when you see the radio channel you want to listen to.


The Chris Moyles Show
The Saviour of Radio 1 kick starts your morning with top banter and big name guests.
0101 BBC Radio 1
9.00am To 30 Jan
Now
The Chris Moyles Show
Further Schedule information not available
Channels
Last / Fav

You can see the entire list of radio channels as follows:

1 Press **box office**, scroll right to *Radio* in the top menu and press **select**.

2 Highlight the radio channel you want and press **select** to tune in or press **record** to record the channel.
See **Recording radio channels** for more details (page 37).

Radio channels are also listed in TV Guide under the *All Channels* tab, starting at channel number 0101. See page 17 for details on navigating TV Guide pages.

Using your Planner

Your Planner gives a clear overview of what you've chosen as recordings and reminders, as well as the status of each programme. When it comes to playing back your recordings, this is your starting point.

To get to your Planner, press **tv guide** then the **green** button (*Planner*).

Press **select** to see all the programmes in your Planner or see **Managing your Planner** (page 25) for details on the other tab options.

look here for information on the highlighted programme. Press ***i*** to see how much space it's using up.

each tab option gives you a different overview

use the colour buttons to control your programmes

indicates the remaining disk space

control status (series linked, protected, locked...)

press **ch-** to go to the next page or **ch+** to go to the item at the end of your Planner

parental rating

recording status

press **left/right** to show the next set of available colour options along the bottom of the screen

Managing your Planner

Middle menu

Use the Planner tab options to filter the programmes and get a better overview;

All shows everything in your Planner in date order.

A-Z shows an A-Z list and lets you search by programme name.

Viewed shows recorded programmes that have been watched, even in part.

Recorded shows recorded programmes that haven't been watched yet.

tab options

Jumping to a programme in the Planner's A-Z list

Under the A-Z tab, you can search for a programme by its title. Just use the number keys on the remote control to enter the programme's first letter.
For example, to search for EASTENDERS, enter *E* by pressing **3** twice. The list jumps to all programmes beginning with that letter.
Press **back up** to delete a letter.

Colour options

The colour options at the bottom of the screen depend on the status of the highlighted programme. Press the corresponding colour button on your remote to control your stored programmes as follows;

red (*Anytime*) Jumps to the Anytime TV listings (see page 47).

green (*Series Link*) Links programmes that are part of the same series. See **Setting a series link in your Planner** (page 28).

yellow (*Delete*) Removes the programme from the Planner. See **Deleting existing recordings** (page 35).

blue (*Keep*) Protects it from being deleted without confirmation. See **Avoiding recordings being deleted** (page 34).

And press **left/right** to see the second page of options:

red (*Lock*) Prevents a recording from being played back without a PIN. Locked programmes are marked with a padlock. See **Having more control over kids' viewing** (page 55) for details on using a PIN.

green (*Copy*) Copies recorded programmes to your video/DVD recorder. See **Copying programmes to video/DVD** (page 46).

colour options 1

colour options 2

Recording status

Your Planner shows you the status of your recordings;

Recording — The programme is being recorded at the moment.

Recorded — The programme was successfully recorded.

Part recorded/Failed — To see why all or part of the recording failed, press ***i***.

Future date/time — The programme will record at the displayed time/date.

Series stack — If you have recorded multiple episodes of the same programme, they will appear under the **Series Stack** symbol. Highlight the series stack then press **select** to see the list of episodes.
Future recordings and reminders are listed outside of the series stack until the programme starts.

Clashed — There were two programmes set for recording at the same time, which caused the recording to fail.

Viewed — You've played back the recorded programme.

Copy — You've selected the programme to be copied to your video/DVD. See **Copying programmes to video/DVD** (page 46).

Quick glance at the symbols in your Planner

Reminder — A reminder shows just before the programme starts.

Record — The programme is set for recording.

Locked — You need the PIN to play the recording.

Keep — The recording can't be deleted without confirmation.

Series Linked — The rest of the series is set for a reminder/recording.

Series stack — Press **select** to see past episodes in this series stack listed individually.

Setting a series link in your Planner

When you set a reminder or a recording for a programme that belongs to a series, you can choose either just that episode or the remainder of the series (where series link is available).

Once a programme is in your Planner, you can choose the series link option here, too, so you can automatically record or get reminders for the entire series.

Set a series link in your Planner as follows:

1 Go to your Planner. SHORTCUT tv guide + **green**

2 Highlight a programme.
If it's part of a series, the green option (*Series Link*) appears at the bottom of the screen.

3 If you see the green option (*Series Link*), press the **green** button.
The **Series Link** symbol appears next to the programme: ↕

If you've set a reminder for the programme, you now get a reminder before each episode.

If you've marked the programme for recording, your Sky+HD box is now set to record every episode of that series.

Managing series within your Planner

If you've recorded multiple episodes of a particular series, then the episodes will appear under the **Series Stack** symbol.

Highlight the series stack to see how many episodes are contained within the series stack and how many have been viewed.

If an episode within a series stack is currently recording, *Recording* is shown in the status column and the R symbol appears next to the series stack.

To see the entire list of episodes within the series stack, press **select**.

Setting reminders for programmes

If you don't want to miss a TV programme, Sky Guide can remind you when it's about to start.

When you see a future listed TV programme you want to watch, simply highlight it and press **select**.

When you press **select**, Sky+ checks to see if the programme belongs to a series. If so, it gives you the choice of setting the reminder once only or for the entire remainder of the series. Highlight *Remind Once* or *Remind Series* and press **select**. The reminder symbol appears next to the programme:

One minute before the programme starts, the reminder message appears.

- Press **select** to tune to the programme.
- Press **record** to start recording the programme.
- Press **back up** to carry on with what you were watching.

If broadcasters change their schedule within six hours of the affected programme starting, your reminders are automatically updated.

set a reminder for just this programme or the rest of the series

reminder message

When reminders clash

If you try to set a reminder for a programme and it clashes with a previous one, Sky Guide asks you what you want to do.

- Press **select** to be reminded about both programmes.
- Press **back up** to cancel the latest selection.

Recording with Sky+

With the Sky+ service you can record up to two programmes at the same time on your Sky+HD box. All Sky+ features are available on your Sky+HD box with the relevant subscriptions.

Recording without interrupting what you're watching

To record...

...the programme you're watching now: press the **record** button on your remote. When the banner appears, press **record** again.

...something that's on later and/or on a different channel: use the Now, Next & Later banner. When you see the programme you want, press **record**.

When you press **record**, Sky+ checks to see the programme is part of a series and, if so, gives you the choice of recording this episode only or the remainder of the series. Highlight *Record Once* or *Record Series* by pressing **up/down** then press **select**. The R symbol appears next to the programme title.

As long as the mini TV is turned on, you can also go into your Sky Guide pages and record programmes without interrupting what you're watching.

press **record** twice to save what you're watching...

...or surf to another programme and press **record**

if it's part of a series, choose to record just this episode or the rest of the series

Recording from Sky Guide listings

If you see something you want to record in TV Guide, Anytime TV or Box Office listings, highlight it and press **record**. When you press **record**, Sky+ checks to see if the programme is part of a series and, if so, gives you the choice of recording this episode only or the remainder of the series. Highlight *Record Once* or *Record Series* by pressing **up**/**down** and press **select**. The Ⓡ symbol appears next to the programme.

See page 52 for details on Box Office recordings.

Recording from anywhere you go

You can set your Sky+HD box to record from anywhere you go. Remote Record is a feature which lets you set your Sky+ quickly and easily using your mobile phone or online via sky.com.
To find out more go to sky.com/remoterecord.

record with Sky+ from your mobile

Recording a promoted programme

If you see a promotional advert for future programme(s) and you see the green *remind me* option, you can set up a recording for that programme or series without having to search for it in TV Guide or Now, Next & Later listings. Press the **green** button before the end of the advert to first set up a reminder, then follow the on-screen instructions to record the programme.

When recordings clash

Remember Sky+ can only record two programmes at the same time.

If you try to select a programme for recording and it clashes with others in your Planner, you have to choose which recordings to keep.

When three or more recordings are set, the *Clash* page appears, highlighting the programme you've just selected for recording.

- To cancel the previous recording and replace it with the one you've just requested, press **select**.
- To cancel the recording you just requested and keep the previous one, press **back up**.

To see where all the programmes overlap and choose from the programmes already booked, press the **red** button (*Advanced Options*).

In the next *Clash* screen, choose the recording you want to cancel by highlighting it and pressing the **yellow** button (*Cancel*). Press **select** when you're done.

TV GUIDE
Sky Guide 9.00pm Tu 28/09
9.15pm The Chase W,S
An unusual pet creates a stir the practice and menopausal Margaret struggles to cope. Sarah, oblivious to the excitement, spends an afternoon reminiscing with old flame Adrian Huby.
CLASH
Only two programmes can be recorded at a time
To record
Simpsons 9.30pm Sky1
The following recording will be cancelled
The Chase 9.15pm BBC 1 London
Advanced Options
Press SELECT to confirm or BACK UP to return

TV GUIDE
Sky Guide 9.00pm Tu 28/09
9.00pm The Chase W,S
An unusual pet creates a stir the practice and menopausal Margaret struggles to cope. Sarah, oblivious to the excitement, spends an afternoon reminiscing with old flame Adrian Huby
CLASH
Only two programmes can be recorded at a time
Today
8.30pm 9.00pm 9.30pm 10.00pm
The Chase
BBC Ten O'Clock Ne..
The Bill
Desperate Housewives
The Matrix
Cancel
To add new programme choose a recording to cancel

Avoiding recordings being deleted

It takes just the press of a button to delete a programme from your Planner. To avoid unplanned deletions, use the *Keep* option.

To protect a programme, go to your Planner.

SHORTCUT

tv guide + green

Highlight the programme and press the **blue** button (*Keep*).

The programme is now marked for *Keep*, shown by the symbol: Ⓚ

Sky Guide now won't delete the recording without asking you if you're sure.

When you're running out of disk space, programmes marked for *Keep* won't be deleted. See **Keeping an eye on available disk space** (page 36) for details.

PLANNER
Sky Guide 9.00pm Tu 28/09
9.00pm 24 AD,DS,W,S
Day 7: 8.00-10.00am: New. Jack Bauer is back. A new seventh day dawns with an explosive double bill which sees a familiar face return as America's newest enemy. Also in HD
Press i for more
ALL A-Z VIEWED RECORDED
55%
Malcolm in the Middle Sky1
Blizzard: Race to the Pole RECORDED BBC2 England
Relic Hunter Sky1
Silent Witness BBC1 London
24 9.00pm Sky1
Top Gear 10.30pm BBC2 England
Anytime Series Link Delete Keep
Press R to cancel the recording. ◄► for options

press **blue** to protect the programme from one-step deletion

PIN-protecting kept recordings

To further protect your recordings, you can request a PIN is entered before a kept programme can be deleted.

For details on this, using your PIN and setting parental control restrictions, see **Having more control over kids' viewing** (page 55).

PLANNER
Sky Guide 9.00pm Tu 28/09
Silent Hill 15 W,S
Horror adapted from the computer game. mum Radha Mitchell must find an old mining town and face a dark evil if she is to save her daughter from terrifying nightmares.
ALL A-Z VIEWED RECORDED
FOR YOUR INFORMATION
To delete this programme
Silent Hill 15 9.30pm Sky Box Office Ⓚ
Enter your PIN or press BACK UP to cancel

Cancelling current and future recordings

To cancel a current or future recording...

...without interrupting what you're watching: browse to the programme in the Now, Next & Later banner and press **record**. The (R) symbol disappears.

...straight from your Planner, highlight it and either press **record** to just get a reminder instead OR use the **yellow** button (*Delete*) to delete the entry completely. See also **Deleting existing recordings** below.

...from TV Guide listings, highlight the programme showing the (R) symbol next to it, then press **record**. The symbol disappears.

When you cancel a recording before the end of the programme, it appears in your Planner as *Part Recorded*.

Deleting existing recordings

After a recording has finished, you can delete it only from your Planner. Once you've deleted a recording, you can't retrieve it.

To delete a programme, go to your Planner. SHORTCUT: tv guide + green

Highlight the programme you want to delete and press **yellow** (*Delete*).

If the programme is protected by being marked *Keep*, you're asked if you're sure you want to delete it. See **Avoiding recordings being deleted** (page 34).

To delete a programme within a series stack, highlight the series stack and press **select**. Then choose the programme you want to delete and press the **yellow** button. Remember future recordings and reminders are listed outside of the series stack until the programme starts.

press **yellow** to delete the recording from your Planner

Keeping an eye on available disk space

Remember that because your Sky+HD box records onto its hard disk there is a fixed amount of storage space for recordings.

To see how much space each programme is using, highlight a programme in your Planner and check the yellow part of the indicator bar. The bigger the yellow part, the more space the programme is using.

You can check the exact percentage of disk space used for an individual programme by pressing ***i*** when a programme is highlighted.

HD recordings take up more space than other recorded programmes.

To free up some disk space, you can copy recorded programmes to your video or DVD recorder. See **Copying programmes to video/DVD** (page 46).

Disk space warning

When you get your Sky+HD box, it is set up to automatically delete recordings without warning if there's not enough disk space for a new recording. This means the oldest, viewed programmes in your Planner will be deleted when you run out of space to make sure future recordings can be made.

You can change this setting as follows:

1 Press **services** (for *Options*), press **down** then select the *Sky+ Setup* tab.

2 Highlight *Disk Space Management* and use the **left/right** arrow to choose;
Warning if you want a warning that a programme is about to be deleted;
Manual if you never want previous recordings to be deleted; future recordings will fail if there's not enough space.

3 Press **green** (*Save Settings*) when you're done.

in *Warning* and *Manual* modes,
a warning appears before you run out of space:

With the *Automatic* option, recordings you have already watched are deleted first, followed by the oldest, unwatched recordings. Programmes marked *Keep* are never deleted without your confirmation.

Recording radio channels

You can record radio channels as follows:

1 Find the radio channel you want by following the steps on page 23.

2 Highlight the channel and press **record**.
The *Manual Record* screen appears.

3 If you need to, change the *Channel Number/Name* with the **left**/**right** arrow or by keying in the number.

4 Highlight *Day* and use the **left**/**right** arrow to choose the day of the recording.

5 Highlight *Start Time* and key in the start time of the recording with the number buttons. Use the **left**/**right** arrow to choose *AM* or *PM*.
Do the same for the *End Time*.

6 Highlight *Frequency* and use the **left**/**right** arrow to choose how often you want to record the channel.

7 Press **yellow** (*Add Manual Recording*).
The settings are saved and the radio recording is now in your Planner.

Adding extra time to the start and end of recordings

Your Sky+HD box automatically tries to find the best recording slot for your recorded programmes, and aims to capture the entire programme even if it overruns.

You can change the automatic setting and choose to add extra minutes either side of the scheduled recording, as follows:

1 Press **services** (for *Options*), press **down** then select the *Sky+ Setup* tab.

2 Highlight *Add to Start of Recording* and use the **left/right** arrow to choose how many minutes you want to add.

Do the same for the option *Add to End of Recording*.

3 Press **green** (*Save Settings*) when you're done.

With a sequence of recordings happening directly after each other, the Sky+ service may override the settings you make here.

Pausing and rewinding live TV

With the Sky+ service, you can pause and rewind live TV. This is handy if you're interrupted during a programme or missed the beginning.

To pause the programme you're watching, press **pause** on your remote control. When you're ready to come back to it, press **play**.

To go back and watch live TV, press **rewind**. When you see what you want to watch, press **play**. Remember it's only possible to rewind live TV if you've previously been tuned to that channel. For example, if you've been tuned to the channel for the past 17 minutes you can rewind for 17 minutes. Changing channels restarts the period from which you can rewind live TV.

30 minutes is the standard setting for rewinding live TV but you can change this as described in **Changing how far back you can rewind live TV** (page 40).

You can then pause, rewind or fast forward within the programme.

- If you reach the start of the section, the picture is frozen at that point.
- If you reach the end, you rejoin the live programme.

To go back to watching live TV at any point, just press **Sky** or **stop**.

While you're watching the programme behind scheduled time, you can use the Now, Next & Later banner as usual, but if you change channels or use interactive services, you have to go back to live TV. You can then rewind or pause again.

If you go into your Sky Guide pages while still rewinding, Sky+ stops rewinding and starts playing the programme back from that point. The programme is shown in the mini TV of the Sky Guide screens (audio only in full-screen mode).

See page 43 for more details on using the fast forward and rewind functions.

LIVE PAUSE
press **pause** to pause live TV

the **Live Pause** symbol appears, with elapsed time in minutes

INSTANT REWIND
press rewind to go back in the current programme

the **Instant Rewind** symbol appears, with rewinding speed and elapsed time in minutes

Saving after pausing or rewinding live TV

After pausing or rewinding live TV, if you haven't got time now to watch what you've missed you can save the programme to your Planner, as follows:

1 After rewinding or pausing live TV, press **record** or **select**.
The Now, Next & Later banner appears showing the programme's name.

2 Press **record**.
The R symbol appears next to the programme name and the recording is stored in your Planner.

to save the programme,
press **record** to show the banner, then **record** again

Changing how far back you can rewind live TV

You can choose the Instant Rewind length, as follows:

1 Press **services** (for *Options*), press **down** then select the *Sky+ Setup* tab.

2 Highlight *Instant Rewind* and select either *OFF*, *5*, *15*, *30* or *60* minutes.

3 Press **green** (*Save Settings*) when you're done.

Remember if you rewind for 30 minutes, for example, your Sky+HD box has to have been showing that channel for the last 30 minutes.

Playing back recordings

When it comes to watching what you've recorded, you have several options.

To watch a rated programme before its normal watershed time, you need to enter your PIN. The times are shown here on the right.
For details on using your PIN and parental control settings, see **Having more control over kids' viewing** (page 55).

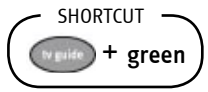
programme rating	when PIN is needed
18	before 9pm
15	before 8pm
12	before 8pm
PG	if a PIN has been set up for this rating
U	if a PIN has been set up for this rating

You can go into your Sky Guide pages without interrupting playback and the mini TV will show the programme so you don't miss anything (audio only in full-screen mode). But if you're still rewinding, fast forwarding or in slow motion mode when you go into the Sky Guide pages, this action stops and the programme starts playing back from that point. Press **Sky** to leave the Sky Guide pages and go back to watching your recording programme in full screen.

Choosing a recording to watch

All recordings are stored in your Planner.

1 Go to your Planner.



2 Highlight the recorded programme and press **play** or **select**.
The *Playback* screen appears and you may need to enter your PIN.

3 Use the **left/right** arrow to choose your starting point:

Start - plays the recording from the beginning.
End - plays back the last 10 seconds of the recording. This is handy if you want to check the whole programme was recorded.
Last Viewed - joins the recording where it was stopped last time you watched it.
User Defined - lets you choose where you want it to start (for example, press 2 to start playback two minutes into the recording).
Bookmark - starts playback from bookmarks you have set.

4 Press **select** or **play** when you're ready to start the programme.

PLANNER
Sky Guide 9.00pm Tu 28/09
Malcolm in the Middle W,S
Hal Coaches: Hal begins coaching Dewy's soccer team and Malcolm gets unexpected results when he programs his new computer to act out the lives of his family.
PLAYBACK
Malcolm in the Middle
RECORDED
Sky1
Recorded: 7.00pm Fri 24 (32mins) Used 1%
Start Position
START
0 min
Choose start position and press SELECT to play

choose the starting point

Picking up from where you left the last recording

If you hadn't finished watching the last recording you played it, simply press **play** to return to where you left off.

Your Planner appears with the relevant programme highlighted, as long as the recording still exists and wasn't played back to the end last time. To start playback from here, press **play** or **select**.

to play the last recording you watched, just press **play**, then **play** again

The Play symbol

When you start playing back a recording, the **Play** symbol appears, showing how far playback is into the programme.

You can show this symbol at any time by pressing **play**.

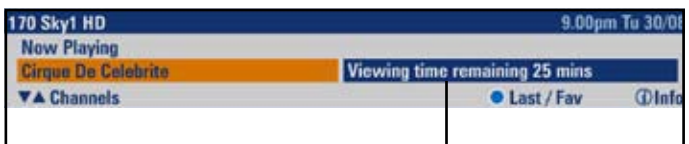
The symbol disappears after five seconds. Press **back up** to remove it more quickly.

Play symbol

minutes from the start of the recording

Checking the remaining viewing time

To see how long you have left until the end of the recording, press **select** to display the Now, Next & Later banner. This shows you the remaining viewing time in minutes. Press **back up** to remove the banner.



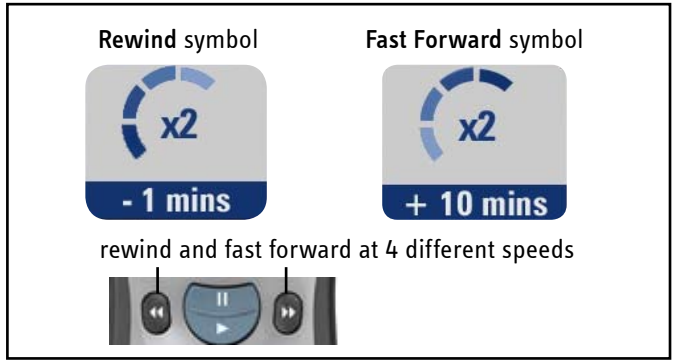
how many minutes to the end of the recording

Fast forwarding and rewinding

Press **fast forward** or **rewind** to move to a different place in the recorded programme. The **fast forward/rewind** symbol appears, showing the elapsed time and the speed.

You can increase the speed by pressing **fast forward** or **rewind** repeatedly. There are four speed settings to choose from: x2, x6, x12, x30.

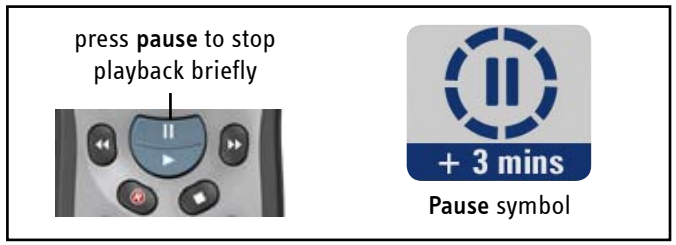
If you want to decrease the speed, press the opposite button.



Pausing

Press the **pause** button to freeze the screen while you're playing, fast forwarding or rewinding a programme.

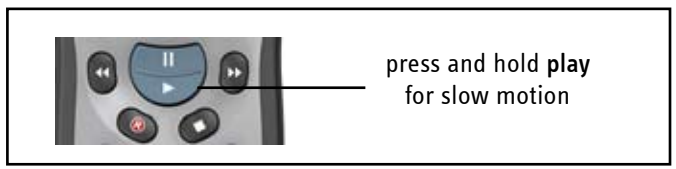
The **Pause** symbol appears on-screen.



Slow motion

To play a programme in slow motion, press and hold **play** for two seconds.

Press **play** again to carry on in normal time.

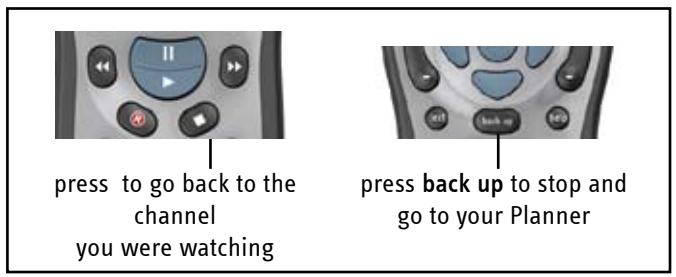


Stopping playback

To stop playback and go back to the channel you were watching before, press **stop** or the **Sky** button.

To stop and go to your Planner, press **back up**.

Playback also stops if you change channels or go into full-screen listings such as *TV Guide*.



Using bookmarks for favourite parts of a programme

With bookmarks, you can easily go back to certain points in a recording.

Saving bookmarks

When you're watching a recorded programme and you see something you want to bookmark, press **pause** and then the **red** button.

The **Bookmarked** symbol appears in the corner of the screen.

Press **play** to carry on watching the programme.

Bookmarked symbol

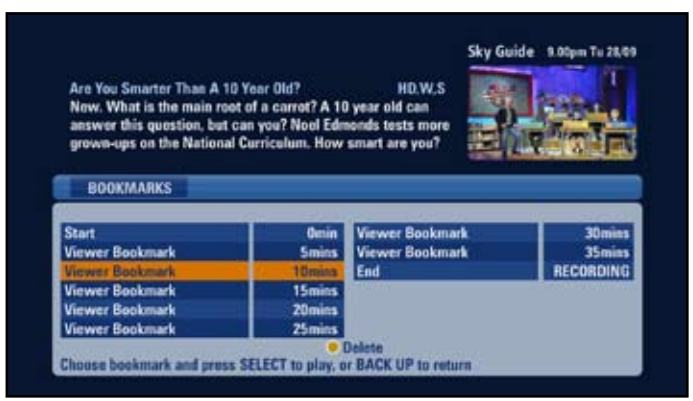
Managing and deleting bookmarks

To see all bookmarks within a recording, press **pause** then the **green** button when you're playing it back.

A list of bookmarks appears, showing their place in the programme.

- Highlight a bookmark to see a short reminder clip of 10 seconds.
- To play the recording from the highlighted bookmark, press **select**.
- To remove the highlighted bookmark, press the **yellow** button (*Delete*).

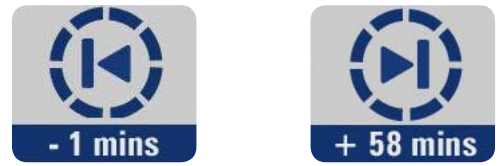
If the programme is PIN-protected you'll need to enter the PIN to see the bookmark clip.
See **Having more control over kids' viewing** (page 55) for details.


Sky Guide 9.00pm Tu 28/09
Are You Smarter Than A 10 Year Old? HD.W.S
Now. What is the main root of a carrot? A 10 year old can answer this question, but can you? Noel Edmonds tests more grown-ups on the National Curriculum. How smart are you?
BOOKMARKS
Start 0min
Viewer Bookmark 5mins
Viewer Bookmark 10mins
Viewer Bookmark 15mins
Viewer Bookmark 20mins
Viewer Bookmark 25mins
Viewer Bookmark 30mins
Viewer Bookmark 35mins
End RECORDING
Delete
Choose bookmark and press SELECT to play, or BACK UP to return

Skipping to bookmarks

To go to the next bookmark while you're playing back a recording, press and hold **rewind** or **fast forward** until the screen skips to the next bookmark.

The **Skip Forward/Back** symbol appears in the corner of the screen.

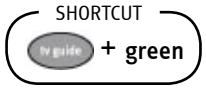


press and hold down **fast forward** or **rewind** to skip to the next bookmark

Starting playback from a bookmark

You can start playing a recording directly from a bookmarked place, as follows:

1 Go to your Planner.



2 Select the recording that contains bookmarks.

3 In the *Playback* screen, press the **left/right** arrow until you see *Bookmark* followed by its place in minutes from the start of the programme. Keep pressing the arrow to see each bookmark and its place in the programme.

4 Press **select** or **play** when you see the bookmark you want. Playback starts at that bookmarked point in the programme.

choose the starting point

Copying programmes to video/DVD

To free up space on the hard disk or in your Planner, you can copy programmes onto video or DVD.

While copying, you can watch the recording being copied but you can't watch any other programme.

HD programmes are copied in standard definition quality.

Copy to your video/DVD recorder as follows:

1 Make sure your video/DVD recorder is set up properly.
Refer to your video's user guide and see page 71 of this guide for details.

2 Go to your Planner. SHORTCUT (tv guide) + **green**

3 Highlight the recorded programme you want to copy.

4 Press **left/right** until you see the *Copy* option at the bottom of the screen.

5 Press the **green** button (*Copy*).
You can select as many programmes as you like.

6 When you've made your choice, press **select**.

7 Press record on your video/DVD recorder then press **select** again on your Sky+HD remote control.
Copying starts and after a few seconds the *Copy* screen appears, showing you the titles in order of selection with their length in minutes. This is to help you keep track and label your tapes/DVDs.
You see an information screen for each programme before the entire recording is played back.

Don't touch anything until copying is finished.
To cancel at any time, press any button.

Sky Guide 9.00pm Tu 28/09
Blizzard: Race to the Pole W,S
In 1911, Scott led a British team on the ultimate adventure & challenge at the time: to reach the South Pole. They were soon joined by Roald Amundsen and his Norwegian team & the race to the South Pole began.
COPY
Blizzard: Race to the Pole
COPY
BBC2 England
65 mins
The Chase
COPY
BBC 1 London
58 mins
Vroom, Vroom
COPY
Sky1
58 mins
Total Duration
123 mins

Enjoying Anytime TV

Anytime TV offers a range of programmes for you to watch outside the regular schedule. Choose what you want to watch from the Anytime TV listings at a time that suits you, and at no extra charge to your monthly subscription.

You can view any programme offered with Anytime TV as long as you subscribe to the relevant channel.

Anytime TV programmes don't take up the space used by your Planner unless you choose to record them.
See **Recording Anytime TV programmes** (page 49).

Sky Anytime programmes are also available on your PC with the Sky Player. Go to sky.com/anytime for more information.

Seeing what's on offer with Anytime TV

1 Press **tv guide** then the **red** button (*Anytime*).

2 EITHER press **select** to view the full list of Anytime TV programmes available;
OR use the **left**/**right** arrows to highlight a category of programmes such as *Movies* or *Sport* then press **select**.
The most recently added programmes appear at the top of the list and all the information about each programme is displayed, as shown here.

3 In the list, use the **up**/**down** arrows to highlight a programme.
A summary of the programme appears in the top left of the screen.

4 Press the ***i*** button for more detailed programme information.

5 If available, press **blue** (*View Trailer*) to show a mini trailer.

6 Press **select** to watch the programme or press **record** to save it to your Planner so you can watch it whenever you like.

ANYTIME
Sky Guide 9.00pm Tu 28/09
The History of Britain W,S
Stretching from the Stone Age to the year 2000, Simon Schama's Complete History of Britain does not pretend to be a definitive chronicle. What Schama does do, however, is tell the story in vivid and gripping terms. Press i for more
ALL
MOVIES
ENTERTAIN
DOCS
KIDS
SPORTS
Available Until
Little Britain Sun 24 Oct BBC ONE
The History of Britain Mon 25 Oct History R
Wimbledon 12 Wed 27 Oct Sky Comedy
King Kong 15 Sun 1 Oct Sky Box Office
Big Mamma's House 2 PG Last Chance Sky Box Office
Spiderman PG Last Chance Sky Action
Favourites
Planner
TV Guide
View Trailer
pg/ch
Press SELECT to view
programme name
parental rating
available-until date (see page 49)
channel name
programme trailer available

Viewing a programme from the Anytime TV listings

Start playing a programme as follows:

1 From the *Anytime* listings, highlight the programme you want to watch and press **select** or **play**.
The *Playback* screen appears.

2 Enter your PIN if you're asked to do so.

3 Use the **left/right** arrow to choose a different point of the programme to start from:

Start - plays the programme from the beginning.

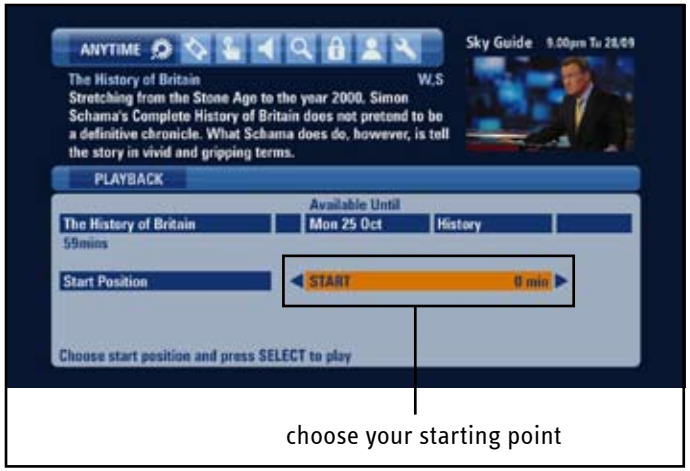
End - plays back the last 10 seconds of the programme.

Last Viewed - joins the programme where it was stopped last time you watched it.

User Defined - lets you choose where you want it to start (for example, press 2 to start playback two minutes into the recording).

Bookmark - starts playback from bookmarks you have set.

4 Press **select** or **play** when you're ready to start the programme. From here you can control your viewing as described in **Playing back recordings** (page 41).


ANYTIME
Sky Guide
The History of Britain
W,S
Stretching from the Stone Age to the year 2000, Simon Schama's Complete History of Britain does not pretend to be a definitive chronicle. What Schama does do, however, is tell the story in vivid and gripping terms.
PLAYBACK
Available Until
The History of Britain
Mon 25 Oct
History
59mins
Start Position
START
0 min
Choose start position and press SELECT to play
choose your starting point

To stop watching the Anytime TV programme and go back to the channel you were watching before, press **stop** or the **Sky** button. Alternatively, press **back up** to go back to the *Anytime* listings.

Recording Anytime TV programmes

You can record Anytime TV programmes to your Sky+ Planner for you to watch when and as often as you like, even after they have been removed from the Anytime TV listings.

When you see something you want to record from the Anytime TV listings, simply highlight the programme and press **record**. The Ⓡ symbol appears next to the programme and it is added to your Planner.

Some Anytime TV programmes may be subject to recording and playback restrictions.

ANYTIME
Sky Guide 9.00pm Tu 28/09
The History of Britain W.S
Stretching from the Stone Age to the year 2000, Simon Schama's Complete History of Britain does not pretend to be a definitive chronicle. What Schama does do, however, is tell the story in vivid and gripping terms.
Press ⓘ for more
ALL MOVIES ENTERTAIN DOCS KIDS SPORTS
Available Until
Little Britain Sun 24 Oct BBC ONE
The History of Britain Mon 25 Oct History Ⓡ
Wimbledon 12 Wed 27 Oct Sky Comedy
King Kong 15 Sun 1 Oct Sky Box Office
Big Mamma's House 2 PG Last Chance Sky Box Office
Spiderman PG Last Chance Sky Action
Favourites Planner TV Guide View Trailer pg/ch
Press SELECT to view

About Anytime TV programmes

New programmes are added (and removed) every day, with each title generally available for seven days. Approximately 30 hours of programmes are available at all times, showing the most recently added programme at the top of the list.

If you see *Last chance* in the *Available Until* column of the Anytime TV list, you don't have long to watch the programme before it's removed. To avoid missing it, watch it or record it to your Sky+ Planner.

When your Sky+HD box is first installed, replaced, or has been switched off from the mains for a long period of time, it will take a few days for the service to fill up with a full list of programmes.

ANYTIME
Sky Guide 9.00pm Tu 28/09
Spiderman 15 W.S
On a school field trip, Peter Parker (Maguire) is bitten by a genetically modified spider. He wakes up the next morning with incredible powers.
Press ⓘ for more
ALL MOVIES ENTERTAIN DOCS KIDS SPORTS
Available Until
Little Britain Sun 24 Oct BBC ONE
The History of Britain Mon 25 Oct History
Wimbledon 12 Wed 27 Oct Sky Comedy
King Kong 15 Sun 1 Oct Sky Box Office
Big Mamma's House 2 PG Last Chance Sky Box Office
Spiderman PG Last Chance Sky Action
Favourites Planner TV Guide View Trailer pg/ch
Press SELECT to view

Restricting Anytime TV viewing

All your parental control settings apply to Anytime TV programmes, with the exception of Channel Restrictions.
For details on using your PIN and parental control settings, see **Having more control over kids' viewing** (page 55).

To watch a rated programme before its normal watershed time, you need to enter your PIN. The times are shown below.

programme rating	when PIN is needed
18	before 9pm
15	before 8pm
12	before 8pm
PG	if a PIN has been set up for this rating
U	if a PIN has been set up for this rating

Your PIN will still be required to watch Anytime programmes whatever time you watch them, if they were originally scheduled to be broadcast after the 8pm, or 9pm watershed.

ANYTIME
Sky Guide
The History of Britain
W,S
Stretching from the Stone Age to the year 2000, Simon Schama's Complete History of Britain does not pretend to be a definitive chronicle. What Schama does do, however, is tell the story in vivid and gripping terms.
PLAYBACK
Available Until
The History of Britain
Mon 25 Oct
History
59mins
Start Position
START
0 min
Choose start position and press SELECT to play

You can turn off the pre-watershed PIN option for Anytime TV and all your recorded programmes. To do this;

1 Press **services**, scroll left to *Parental Control* and press **select**.

2 Enter your PIN.

3 Scroll to the *Other* tab and press **select**.

4 Highlight *PIN on Pre-Watershed Playback* and select *OFF*.

5 Press **green** (*Save Settings*) when you're done.

Opting out of Anytime TV

Anytime TV won't cost you anything extra, however, you can turn off the service if you want to, as follows:

1 Press **services** (for *Options*), press **down** then select the *Customise* tab.

2 Highlight *Enable Anytime* and use the **left/right** arrow to choose *OFF*.

3 Press **green** (*Save Settings*) when you're done.

4 A confirmation message appears, asking if you are sure you want to disable Anytime TV.

5 Press **select** to confirm.
Anytime TV programmes are removed from your Sky+HD box, the *Anytime* tab under *TV Guide* disappears and Anytime TV programmes are no longer recorded to your Sky+HD box.

Anytime TV programmes that you have recorded will stay in your Planner.

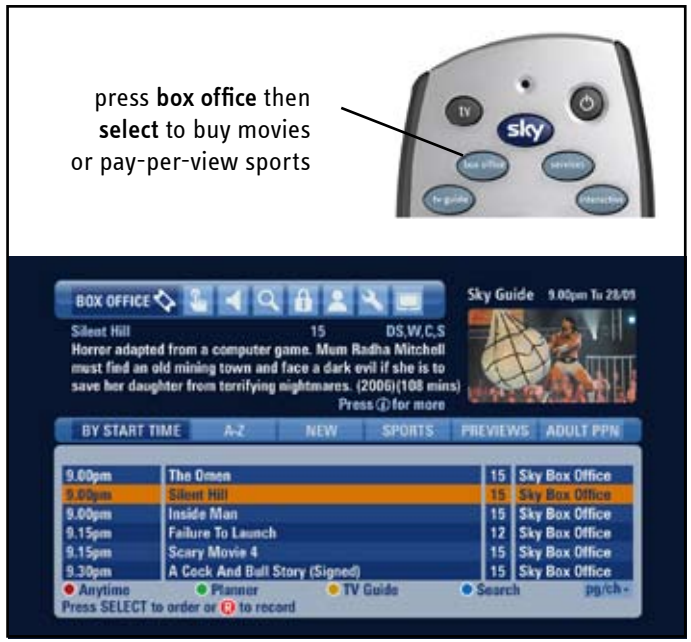
To resume the Anytime TV service, select *ON* in step 2 above, then press **select** to confirm followed by **green** to save your settings. It may take a few days for the Anytime TV programmes to fill up again.

Enjoying Box Office entertainment

The Box Office option is home to the newest and most exciting pay-per-view movies, sport and other events, such as concerts and boxing matches. You're only charged for the programme or event when you start watching it.

You can go straight to your Sky Box Office HD movies from the *HD* listings (go to *TV Guide* and select the *HD* tab).

To order Box Office programmes with your remote control, your Sky+HD box has to be connected to a phone line.


press box office then select to buy movies or pay-per-view sports
BOX OFFICE
Sky Guide 9.00pm Tu 28/09
Silent Hill 15 DS,V,C,S
Horror adapted from a computer game. Mum Radha Mitchell must find an old mining town and face a dark evil if she is to save her daughter from terrifying nightmares. (2006)(108 mins)
Press i for more
BY START TIME A-Z NEW SPORTS PREVIEWS ADULT PPV
9.00pm The Omen 15 Sky Box Office
9.00pm Silent Hill 15 Sky Box Office
9.00pm Inside Man 15 Sky Box Office
9.15pm Failure To Launch 12 Sky Box Office
9.15pm Scary Movie 4 15 Sky Box Office
9.30pm A Cock And Bull Story (Signed) 15 Sky Box Office
Anytime Planner TV Guide Search pg/ch+
Press SELECT to order or R to record

Ordering Box Office programmes

Here's how you order Box Office programmes:

1 Press **box office** on your remote, then press **select**.

2 Scroll **left/right** to highlight the category you want, for example, *Start Time* to see what films are showing next.

3 Press **select**.

4 Scroll **up/down** to highlight a programme.

5 Press **select** to purchase it now or to set a reminder for later.
OR Press **record** to store it in your Planner so you can watch it later.

6 Follow the instructions on-screen; you may be asked to select a start time and/or enter your PIN.

BOX OFFICE
Sky Guide 9.00pm Tu 28/09
Hugh Grant stars in this wickedly funny, no holds-barred singing competition based on reality shows like American Idol
PURCHASE
Start Time
American Dream 12 4.30pm 731 Sky Box Office £2.99
This programme will be deleted at 11.59pm Mon 4
PIN required for Parental Control
Enter your PIN to confirm or BACK UP to cancel

To view a Box Office programme before its normal watershed time, you need to enter your PIN. The times are shown below.

programme rating	when PIN is needed
18	before 9pm
15	before 8pm
12	before 8pm
PG	if a PIN has been set up for this rating
U	if a PIN has been set up for this rating

Choosing a start time that suits you

In the Box Office pages you'll see the *Series Stack* symbol . This means the programme is being shown at different times. Highlight the programme and press **select** to see the *Showings* page. From here you can choose your preferred time slot.

BOX OFFICE
Sky Guide 9.00pm Tu 28/09
Silent Hill 15 DS,W,C,S
Horror adapted from a computer game. Mum Radha Mitchell must find an old mining town and face a dark evil if she is to save her daughter from terrifying nightmares. (2006)(108 mins)
Press i for more
SHOWINGS
9.00pm Silent Hill 15 Sky Box Office
9.15pm R Silent Hill 15 Sky Box Office
9.30pm Silent Hill 15 Sky Box Office
10.00pm Silent Hill 15 Sky Box Office
10.15pm Silent Hill 15 Sky Box Office
10.30pm Silent Hill 15 Sky Box Office
Anytime Planner TV Guide Search pg/ch
Press SELECT to order or R to record

About watching Box Office programmes

When you record from Box Office, the programme is stored in your Planner for a fixed amount of time before it's deleted. The amount of time depends on the programme, but is typically 7 days.

If you don't watch any part of the programme in this time, you won't be charged for it and it will be deleted.

Once you've played back a Box Office recording, you can watch it as many times as you like within a certain time frame. For example, you're likely to have up to 24 hours to watch a movie as many times as you like.

To check the amount of time you have left to watch a recording, just highlight it in your Planner and press the ***i*** button. You can also check out the disk space used or needed for the recording.

Watch the recording before the time and date of deletion shown
Disk space needed
PLANNER
Sky Guide 9.00pm Tu 28/09
Silent Hill 15 DS,W,C,S
Recorded: 7.00pm Tue 28 (120mins) Used 4%
This recording will be deleted at 11.59pm Tue 4
Press i for more
ALL A-Z VIEWED RECORDED
55%
Silent Hill 15 RECORDED Sky Box Office
Blizzard: Race to the Pole RECORDED BBC2 London
Relic Hunter Sky1
Silent Witness BBC HD
Vroom, Vroom RECORDED Sky1
Wimbledon PG 10.00pm Sky Comedy R
Anytime Delete Keep pg/ch
Press SELECT to view, ◄► for options

Paying for Box Office programmes

Charges for Box Office programmes booked via your remote control appear on your account at the next available payment date. If you don't watch any part of the programme, you won't be charged for it and it will be deleted as described on page 53.

Ordering over the phone

If for some reason you can't order Box Office programmes with your remote control, a message appears on-screen. You can order programmes over the phone by calling the number shown. Phone orders are subject to an administration charge.

Having more control over kids' viewing

Because of the range of channels on offer, there may be a few you'd rather your kids didn't watch. With a PIN and the right settings, you can avoid many unsuitable channels being shown without your permission.

For more control over who watches what, start by pressing **services**, scroll left to *Parental Control* and press **select**.

You now need to enter your four-digit PIN (see below).

Changing your PIN

Your original PIN is provided in the **Terms & Conditions** document you received with your Sky+HD box. You need this number to get into the *Parental Control* screens.

Change your PIN to a personal, secret number that you'll remember easily.

Once you've selected the *Parental Control* option, scroll to the *Change PIN* tab and press **select**. Now key in a new four-digit number.
You'll have to enter it twice.

You can change your PIN from this screen whenever you want.

About your PIN

Keep your PIN secret to make it effective.

Once it's set, you can have Sky Guide ask for the PIN before showing, recording, playing back, and in some cases, deleting certain programmes.

If you forget your PIN, see page 79 for help on what to do next.

Hiding adult channels

You can hide all channels classed as 'adult' from all channel listings;

1 Go to *Parental Control* > *Adult Channels*.

2 Highlight *Remove Adult Channels* and use the right arrow to choose *ON*.

3 Press **green** (*Save Settings*) when you're done.

If you want to be able to see the adult channels again, just choose *OFF* in the *Adult Channel* screen.

Adult programmes are removed from all listings apart from your Planner.

Restricting rated programmes

Some programmes have an age rating as a guide to how suitable they are for children. You can lock all such programmes, so anyone who wants to watch them has to enter the PIN. This is especially useful for programmes in your Planner, as well as Box Office and Anytime TV programmes, which are available outside the normal schedule.

1 Go to *Parental Control* > *Viewing*.

2 Highlight the appropriate rating and press the **red** button (*Restrict*) on your remote control. A padlock symbol appears next to the category you choose, as well as all the lower categories.

3 Press **green** (*Save Settings*) when you're done.

If you want to unlock rated programmes, just highlight the category under the *Viewing* tab and press the **red** button again (*Unrestrict*).

Viewing restrictions can be applied only to programmes where the broadcaster provides category restriction information.

Restricting specific channels

If there is just one or a few specific channels you would prefer members of the family not to watch, you can lock them one-by-one, as follows:

1 Go to *Parental Control* > *Channel*.
This page lists all the channels by channel number.

2 To find the channel, key in the channel number if you know it, or use **ch-** or **ch+** to go one page up or down.

3 Highlight the channel you want, then press **yellow** (*Lock*) to lock it at any time of day, or the **blue** button to lock it between 8pm and 6am only.
or 8PM appears next to the channel, depending on your selection.

4 Press **green** (*Save Settings*) when you're done.

use the options *Lock* or *After 8pm* to restrict specific channels

Controlling the use of charged services

You can help prevent Box Office programmes being bought without your permission or prevent the use of interactive services that demand a call charge:

1 Go to *Parental Control* > *Other*.

2 Highlight *PIN Entry Before Going Online* and use the **left**/**right** arrow to choose *ON*. Now anyone who wants to use the phone line within an interactive service subject to a call charge has to enter the PIN first.

3 Highlight *Spending Restriction* and use the **left**/**right** arrow to choose *ON*. Press **down** and set a limit to the cost before the PIN is needed. Set it to £0.00 to enter the PIN every time you order a Box Office programme.

4 Press **green** (*Save Settings*) when you're done.

To turn these settings off, just select *OFF* in step 2 above.

These settings do not apply to Anytime TV listings. See **Restricting Anytime TV viewing** (page 50) instead.

PIN-protecting kept programmes

In your Planner, you can mark recordings for *Keep* to prevent them from being deleted accidentally (see page 34). You can take this further and have Sky Guide ask for the PIN before a kept recording can be deleted.

Set this up as follows:

1 Go to *Parental Control* > *Other*.

2 Highlight *PIN Protect Kept Programmes* and use the **left/right** arrow to choose *ON*. Now anyone who wants to delete a kept recording has to enter the PIN first.

3 Press **green** (*Save Settings*) when you're done.

To turn these settings off, just select *OFF* in step 2 above.

Restricting programmes in your Planner

You can lock programmes stored in your Planner to avoid them being played back without your permission.

1 Go to your Planner. SHORTCUT (tv guide) + **green**

2 Highlight the programme you want to restrict.

3 If necessary, press **left/right** until you can see the red option *Lock*.

4 Press the **red** button. A padlock symbol appears next to the programme and you now have to enter a PIN to play or delete it. You also need the PIN to remove the lock in future.

Entering a PIN for pre-watershed playback

You need to enter your PIN to watch a rated programme before its normal watershed time (including Anytime TV programmes). The times are shown here.

programme rating	when PIN is needed
18	before 9pm
15	before 8pm
12	before 8pm
PG	if a PIN has been set up for this rating
U	if a PIN has been set up for this rating

To turn off the pre-watershed PIN option for all your recorded programmes and Anytime TV programmes: Press **services**, scroll left to *Parental Control* then enter your PIN. Scroll to the *Other* tab and press **select**. Highlight *PIN on Pre-Watershed Playback* and select *OFF*. Press **green** to save your settings.

Turning off PIN-controlled restrictions

There is a quick way to turn your PIN restrictions off and on without having to go into each screen.

1 Go to *Parental Control* > *Change PIN*.

2 Press the **red** button (*Turn off PIN restrictions*).

The tabs *Viewing*, *Channel* and *Other* are dimmed out, meaning the PIN restrictions you specified under those options are turned off.

Press the **red** button again to turn the specified PIN restrictions on again.

Even if you turn your settings off here, you'll still need to enter your PIN to watch recorded programmes out of their normal watershed time. The times are shown above under **Entering a PIN for pre-watershed playback**.

Choosing your favourite channels

Once you get to know what channels you watch most often, you can set them up as your favourites so you can find them more easily.

To store your favourites:

1 Press **services** (for *Options*), press **down** then select the *Favourites* tab.
A list of available channels appears.

2 Highlight a channel you want as one of your favourites and press **yellow** (*Favourite*).
A tick appears next to the channel.

3 Choose up to 50 channels and press **green** (*Save*) when you're done.

4 See page 18 for details on navigating to your favourites.

Storing your favourites activates the **blue** button, which you can also use to find the channel you were last watching. See page 21 for more details.

Watching TV with subtitles or audio description

To show subtitles or play an audio description over the current channel:

1 Press **help** on your Sky remote control when you're watching TV.

2 If the *Subtitles* or *Audio Description* option is available, use the **left/right** arrow to choose *ON* then press **select**.
This setting lasts until you change channels.

To have subtitles or an audio description on all the time where available:

1 Press **services** (for *Options*), press **down** then select the *Subtitles* tab.

2 Press the **down** arrow to highlight *Subtitles* or *Audio Description*, use the **left/right** arrow to choose *ON* then press **green** (*Save Settings*).

With Anytime TV and recorded programmes, if you turned on Audio Description at the time of recording, it will be available but cannot be turned off. Similarly, if Audio Description was turned off at the time of recording, it is not available and cannot be turned on.

Finding subtitled or audio described programmes

Sky Guide can bring your attention to programmes that have subtitles or an audio description. To set this up, follow these steps:

1 Press **services** (for *Options*), press **down** then select the *Subtitles* tab

2 Highlight *Highlighted Programmes* and use the **left/right** arrow to choose *Audio Description* or *Subtitles*. This means programmes that have subtitles or an audio description are shown clearly with a white highlight in TV Guide and Box Office (this does not apply to Anytime TV).

3 Highlight *Beep on Audio Description* and use the **left/right** arrow to choose *ON*. This means when you tune to a programme with an audio description, you hear a distinctive beep.

4 Press **green** (*Save Settings*) when you're done.

Going interactive

The interactive screens are for your entertainment and information.

To access services including Sky Customer Service, shopping, email and games, press the **interactive** button on your remote control then press **select**.

When you're watching TV, look out for a colour symbol on-screen telling you there's an interactive service available. Press the colour button when you see the symbol (usually red).

Some interactive services may need a phone line connection (call charges may apply) and/or a Sky digital subscription.

There is no charge for using the interactive *Sky Customer Service* screens but from there you can get to other interactive services that may be subject to charges. You'll be informed about these charges before connecting.

You can record programmes featured within interactive services if the broadcaster allows it, but you can't record the entire interactive service itself.

Interactive cards

Your Sky+HD box has an interactive card slot, which you need for some services. Only insert an interactive card when a message on-screen tells you to.

Playing games

Some games available under *Interactive* are free of charge, however online games may be subject to call charges and other charges (see **Controlling the use of charged services** on page 57 for setting online spending restrictions). You can buy a day pass for games and play them with your remote control or gamepad (available for purchase). See the help options within the interactive screens for details.

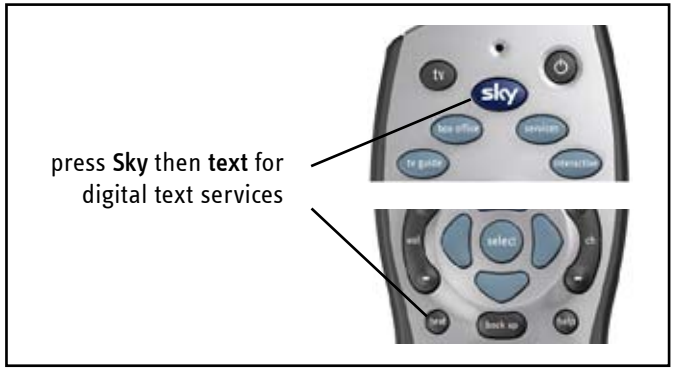
More options

Using digital text

To use digital text services, press **text** on your remote control while you're watching a channel.

If the channel you're watching doesn't have digital text, you see a message telling you how to use teletext instead.

From the digital text service, press **Sky** at any point to go back to what you were watching.



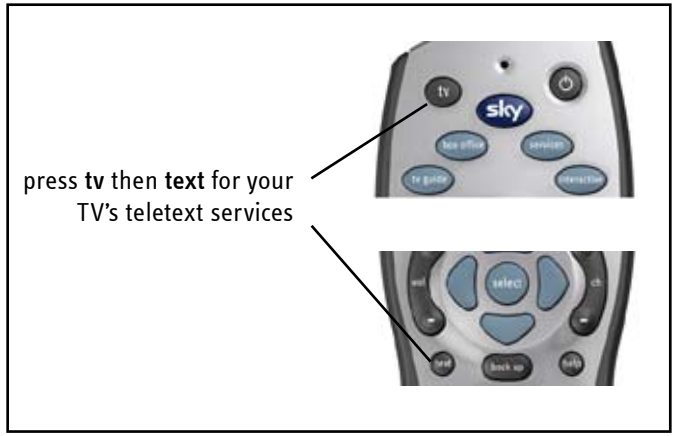
Using teletext

To use your TV's teletext services, press **tv** on your remote control then **text** while you're watching a channel. Remember your Sky remote must be set for use with your TV. See **Remote Control Setup** (page 67).

Use these buttons on your remote control to control teletext:

Button	Function
text	Enters text mode (also exits text on some TVs)
back up	Comes out of text mode
0-9	Text page number entry
i **(information)**	Text reveal
select	Text hold
colours	Fastext function

From the teletext service, press **back up** then **Sky** at any point to go back to what you were watching.



Not all TVs have the teletext function.

Adding channels that aren't listed in Sky Guide

Some channels can be received by your Sky+HD box but don't appear in Sky Guide listings.

Your Sky+HD box is designed to receive digital television signals transmitted at 28.2 or 28.5 degrees East, either unencrypted or encrypted using BSkyB's encryption system. It may be possible to receive other digital satellite signals but it's not guaranteed.

You can add new channels to a separate list called *Other Channels*, as follows:

1 Press **services** (for *Options*), press **down** then select the *Add Channels* tab.

2 Enter the information you want and press **yellow** (*Find Channels*).

3 After a moment, a selection of channels received by your Sky+HD box appears. Some may be in addition to those in your Sky Guide.

4 For each new channel you want to store, highlight the channel and press **yellow** (*Store Channel*). A tick appears next to the channel name.

5 When you're done, press **select**.

Watching your added channels

1 Once you have added your channels as described above, go to *Options* > *Other Channels*.

2 Highlight the channel you want to watch and press **select**.

Your Sky+HD box can't record channels that aren't in the Sky Guide listings.

You might not be able to see schedule information for these channels.

Changing the picture settings

When your Sky+HD box was installed, your engineer should have set the picture settings at the right level to suit your equipment, so we recommend you don't adjust them here unless you find it absolutely necessary.

Sky's HD service uses two HD picture formats. The first, **1080i**, brings the number of rows in the frame up to 1080 - that's over 500 more than a standard PAL image. The other, **720p**, shows 720 rows in each frame and refreshes the screen at twice the rate of **1080i**.

In rare cases, your TV may be able to display only one of these formats. Check your TV's settings if you find the picture isn't as sharp as it should be. Otherwise, you can change your HD picture settings to find the ideal resolution output.

You can change the resolution setting as follows:

1 Press **services**, scroll right and select *Settings* then select the *Picture* tab.

2 Highlight *HD Resolution Output* and use the **left/right** arrow to choose from *Automatic* (this is the default and recommended setting), *576* (which is for programmes other than HD only), *720p* and *1080i*.

3 Follow the instructions on-screen to confirm the changes.

If your TV doesn't display anything after you confirm the changes, the new setting is incompatible with the TV. Restart your Sky+HD box as follows to go back to the previous setting: Switch the box to standby then wait at least 60 seconds before unplugging it from the mains supply. After another 30 seconds, plug the box back in to the mains. Wait another 60 seconds before turning the box back on again.

Remote control setup

Resetting your remote control

If you leave empty batteries in your remote control for too long, you may need to reset it to work with your TV.

If this has happened, or for any other reason the remote control doesn't work with your TV, follow these steps carefully:

1 Look up your TV's brand and code in the list on the right. If you can't find it here, see **Alternative Setup** (page 68).

2 Turn your TV and Sky+HD box on and press **tv** on your remote control.

3 Hold down **select** and the **red** button together until the red light on your remote control blinks twice (this is after about two seconds).

4 Press **tv** again.

5 Key in your TV's brand code. The light on your remote control blinks twice.

6 Press **standby** on your remote control.
If your TV switches off, press **select**. The light on your remote control should blink twice.
If your TV does not switch off, press **tv**, then press **standby**.
Repeat the sequence of pressing **tv** then **standby** until the TV switches off, then press **select**.
If the light blinks three times, your remote control has checked all the possible settings for the code you used. Check you have the right code and start again at step 1.

7 Turn your TV back on and press the **tv guide** button on your remote control. The *TV Guide* screen appears, meaning the remote control settings have been reset.

Brand	Code	Brand	Code
Aiwa	0406	Memorex	0037
Akai	0098	Metz	0491
Akura	0042	Minoka	0921
Alba	0043	Mitsubishi	0150
Amstrad	0063	NEI	0514
Baird	0117	Nikkai	0528
Bang & Olufsen	0118	Nokia	0536
BPL	0115	Nordmende	0537
Beko	0125	Orion	0549
Beon	0899	Panasonic	0051
Brionvega	0147	Philips	0081
Bush	0157	Pioneer	0166
Crown	0225	Protech	0595
Daewoo	0092	Pye	0600
Decca	0244	Roadstar	0625
Dual	0257	Saba	0645
Ferguson	0293	Saisho	0649
Fidelity	0294	Salora	0651
Finlandia	0296	Samsung	0060
Finlux	0297	Sanyo	0159
Fisher	0154	Schneider	0665
Funai	0179	Seleco	0672
Genexxa	0330	Sharp	0093
Goldstar	0056	Siemens	0680
Goodmans	0335	Sony	0000
Granada	0340	Soundwave	0702
Grundig	0345	Tandy	0741
Harwood	0361	Tatung	0049
Hinari	0365	Technics	0250
Hitachi	0145	Telefunken	0757
ITT	0384	Thomson	0771
JVC	0053	Thorn	0772
Loewe	0442	Thorn-Ferguson	0936
Matsui	0477	Toshiba	0156

If the setup didn't work

If you followed the setup carefully but can't see *TV Guide* at the end of it, follow these simple steps:

1 Check and make a note of which TV channel you use for watching Sky digital TV.

2 Press **tv** on your remote control.

3 Hold down **select** and the **green** button together until the red light on your remote control blinks twice (this is after about 2 seconds).

4 Key in the number your TV uses for watching Sky digital TV and press **select**.
The red light blinks, meaning the remote control settings are made properly.

Alternative setup

If your TV's brand isn't listed on page 67, you can try an alternative setup. This involves programming your remote control to the TV's specific model code instead of the brand code, as follows:

1 First, you need to check the model code for your TV; Press **interactive**, press **down** then select *Sky Customer Service*.
Select *Programme Your Remote* and follow the relevant options until you get to the model code for your model number.
Make a note of the code.

2 Point the remote control away from the TV and Sky+HD box and press the **tv** button.

3 Press and hold the **select** and **red** buttons together until the red light blinks twice.

4 Enter the model code. If it's a 3-digit number, press **select** after the model code.

5 Press **Sky** to complete the setup.

6 Now check the settings; point the remote control at the Sky+HD box and press **tv** then number **3**.
You should now be able to see a terrestrial TV channel.

If you have tried these options and still can't use your Sky+HD remote control with your TV, call Sky Customer Service on the number provided in the **Terms & Conditions** document you received with your Sky+HD box.

Replacing the batteries

Your remote control runs on AA batteries (MN1500, LR6 or UM-3).

When it's time to replace them, Sky Guide gives you a warning message and a low battery symbol appears in the banner.

Take the empty batteries out straight away and replace both batteries at the same time.

Please don't put old batteries in the everyday household rubbish. They should be taken to a special environmentally-friendly collection point.

FOR YOUR INFORMATION
The batteries in this remote control need changing.
Insert new batteries within 10 minutes of
removing the old set.
Press BACK UP to cancel

Replace the batteries as follows:

1 Remove the battery cover by pushing up the catch and sliding the cover away.

2 Carefully remove the old batteries.

3 Put the new batteries in, matching the marks + and -.

4 Put the cover back on, sliding the top part in and making sure the catch clicks into place.

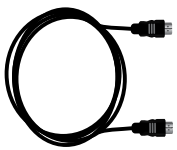
5 If you left your remote control without charged batteries for longer than 10 minutes, reset your remote control to work with your TV.
See **Resetting your remote control** (page 67) for details.

Your Sky+HD box connections

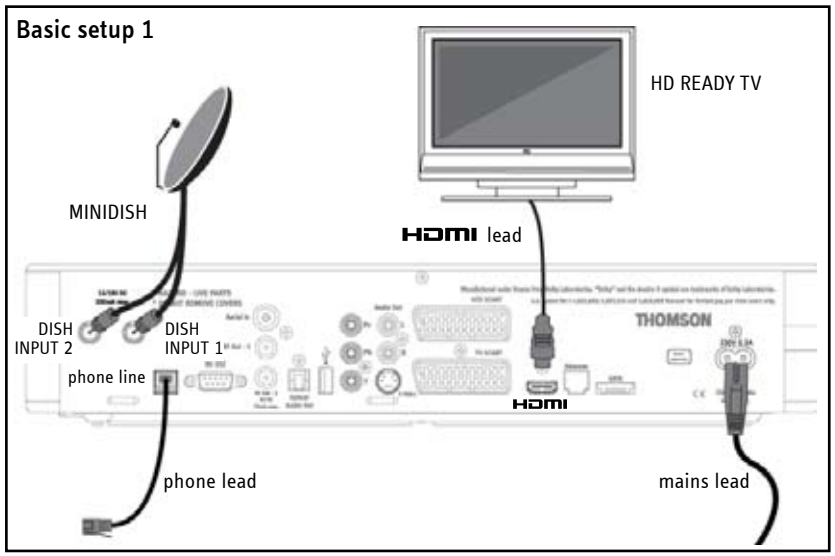
Follow these diagrams for an overview of the essential connections of your Sky+HD box. The back of your Sky+HD box may vary from the illustrations shown here.

Basic setup 1

Does your compatible HD ready TV have an HDMI port? Then all you need is the supplied HDMI lead.



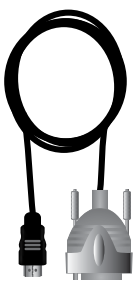
HDMI lead



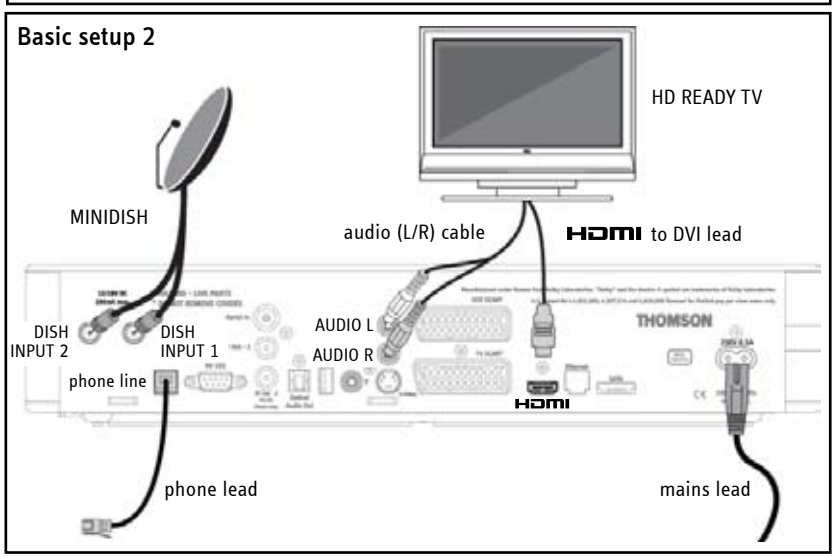
Basic setup 2

If your TV has a DVI port you need an audio (L/R) cable and an HDMI to DVI lead (or an adapter for the supplied HDMI lead).

audio (L/R) cable



HDMI to DVI lead



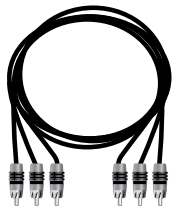
Basic setup 3

This setup only applies if your Sky+HD box has the three analogue video component ports, Pr, Pb and Y.

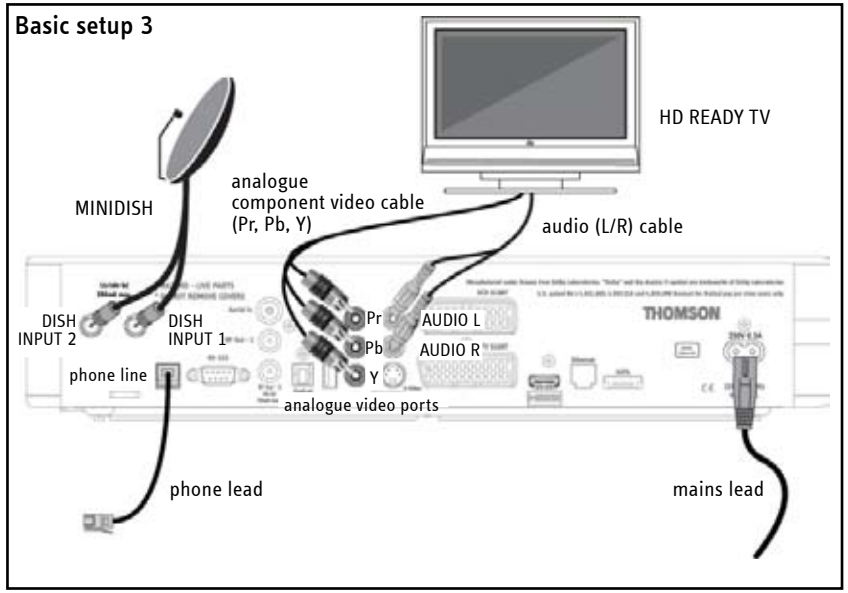
To truly enjoy the Sky+HD service, we recommend you use the HDMI lead with an HD ready TV. You can, however, watch your HD channels using the analogue connectors on an HD ready TV.

To do this, you need an audio (L/R) cable and an analogue component video cable:

audio (L/R) cable



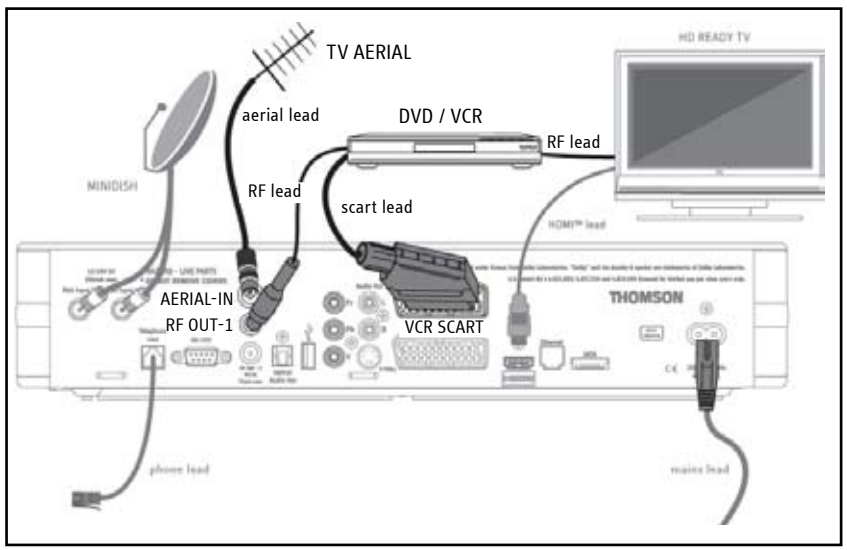
analogue component video cable (Pr, Pb, Y)



Connecting other devices

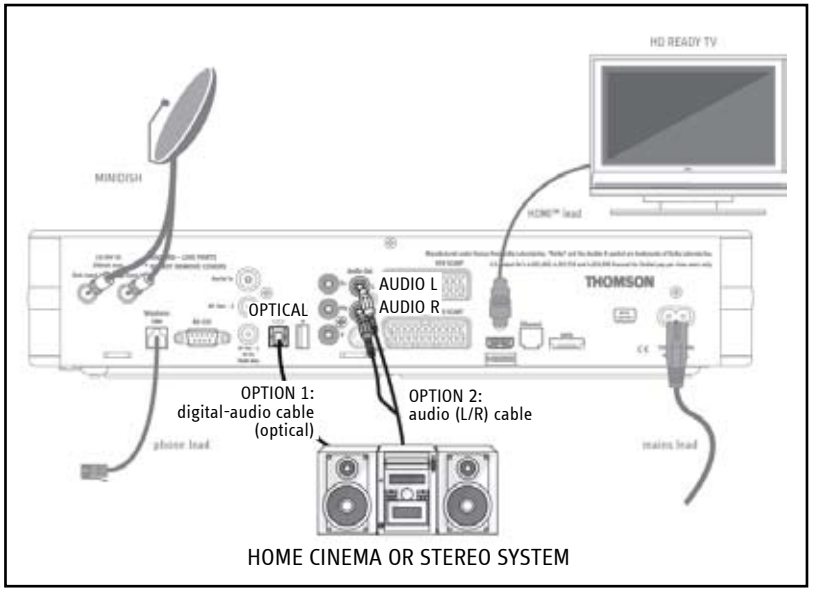
To connect your box to a DVD/video recorder or a TV aerial, follow the setup shown on the right.
See also the user guides supplied with your devices.

If you notice that the picture quality is affected, connect your Sky+HD box directly to the TV instead of through the DVD/video recorder.



To connect your box to an audio system, you can use EITHER an optical digital-audio cable, OR an audio (L/R) cable, as shown here.

To make the most of listening to programmes through your audio system, see **Switching on Dolby® Digital audio** (page 73). Please note that some older amplifiers may not support Dolby® Digital audio. See your audio system's user guide for more information.



HOME CINEMA OR STEREO SYSTEM

WARNING!
You must disconnect your Sky+HD box from the mains supply before you connect your Sky+HD box to (or disconnect it from) any other equipment. Terminals marked with the hazard symbol are hazardous live and the external wiring connected to these terminals requires installation by an instructed person or the use of ready-made leads or cords. With the exceptions of the mains and the telephone line, all the interconnections between the rear panel of your Sky+HD box and your other equipment are safe, extra-low voltage circuits. However, you should always disconnect the box from the mains before connecting other devices.

Switching on Dolby® Digital audio

With the digital-audio output you can connect your Sky+HD box to a compatible home cinema system and listen to programmes broadcast in Dolby® Digital audio. For this you need an optical cable (not supplied) and you have to change the default settings on your Sky+HD box, as follows:

1 Press **services**, scroll right to *Settings* and press **select**.

2 Highlight *Digital Audio Output* and use **left**/**right** to choose *Dolby D*.

3 Press **green** (*Save Settings*) when you're done.

Some older amplifiers may not support Dolby® Digital audio.

Adjusting sound synchronisation

If you've connected your Sky+HD box to a home cinema system using the digital-audio output, you may find the audio and video are out of sync. If this happens, you can easily change the sound settings to correct the sound.

You can change the settings as follows:

1 Press **services**, scroll right to *Settings* and press **select**.

2 Highlight *Digital Audio Output Delay* and press **select**.

3 In the *Digital Audio Output Delay* banner, use the **left**/**right** arrow to choose the setting you want. In this preview mode, you can hear the results as you adjust the level.

4 Press **select** then press **green** to save the setting.

To change the delay setting without a preview, highlight *Digital Audio Output Delay* and use the **left**/**right** arrow to choose the right setting. Press **green** (*Save Settings*) when you're done.

Connecting to the telephone line

The telephone lead is intended for connection to standard analogue UK telephone lines. This lead and your Sky+HD box have been specifically designed for this purpose. Do not attempt to connect the telephone lead to anything other than a standard UK telephone line.

Changing how the Circular Playback Display works

The Circular Playback Display on the front panel of your Sky+HD box lights up whenever you are recording or using the playback functions.

You can change the way the Circular Playback Display works, as follows:

1 Press **services** (for *Options*), press **down** then select the *Sky+ Setup* tab.

2 Highlight *Circular Playback Display* and use the **left**/**right** arrow to change the setting.

You can choose one of three settings:

Standard	The recording, playback and/or circular playback indicators light up if you're recording and/or playing back programmes.
Off	The circular indicator is turned off, but the recording and/or playback indicators light up if you're recording and/or playing back programmes.
Demo	All indicators light up in continuous sequence.

3 Press **green** (*Save Settings*) when you're done.

Green stuff

At Sky we believe the world's a great place, so we're doing what we can to keep it that way.

Saving energy

...with standby

Switching your Sky+HD box to standby when it's not in use can save up to 50% of the energy it uses. Remember that the box does not have to be on to make recordings so we recommend you make a habit of pressing the standby button (so the light on the box turns red) as soon as you finish watching TV.

...and Auto Standby

Your Sky+HD box features an energy-saving mode called Auto Standby. If the box is inactive throughout any two-hour period between 11pm and 4am, it automatically goes into standby. Just before this happens, if your TV is on, you see a message on-screen. You can press **back up** to remove the message, otherwise your Sky+HD box goes into standby.

This does not affect any recordings you have set, as the box can still perform up to two simultaneous recordings while in standby.

When you turn the box back on it will be tuned to the channel you last watched.

If you want to switch off Auto Standby, press **services** (for *Options*), press **down** then select the *Sky+ Setup* tab. Highlight *Auto Standby* and use **left/right** to choose *OFF* then press **green** (*Save Settings*).
Remember that this is an energy-saving feature and will help protect the environment if you keep it on.

Recycling packaging

Remember to recycle your packaging instead of throwing it out with your rubbish. At the end of its useful life, cardboard packaging can be recovered and recycled. Recycling responsibly will reduce the requirement for new raw materials and the amount of material that would otherwise end up in landfill.

Recycling electrical and electronic products

The crossed out wheeled bin symbol is used to mark products that should not be disposed of with general household waste, but collected separately for re-use or recycling. Recycling electrical or electronic waste equipment helps to conserve valuable natural resources and ensure that it is recycled in a manner that protects human health and the environment. You can take your old electrical or electronic waste equipment to your local recycling centre. Your retailer or local authority will advise you of the collection facilities available in your area for disposing of these waste products. Or you can go recycle-more.co.uk for details of locations. Alternatively, you can send your electrical or electronic waste equipment back to us for recycling, free of charge. Please place the equipment in appropriate packaging, include a note that the equipment is for recycling and address the package to: FREE POST RLUT-GCLR-LBXK, Unipart Technology Logistics, Unit G Swift Park, Old Leicester Road, Rugby, CV21 1DZ. Customers in the Republic of Ireland need to go to weeeireland.ie for locations of local recycling centres or alternatively, you can post old or redundant Sky electrical equipment to: Freepost Licence Number FM35, Finlay Communications LTD, Unit 3 Zone C, Clonmore Industrial Park, Mullingar, Co Westmeath.

More information

For more information on recycling electrical and electronic equipment and to find other tips on what you can do to help the environment, visit: sky.com/environment.

Disposing of batteries

The marking below on the battery indicates that the batteries in this product should not be disposed of with other household waste at the end of their working life. Where marked, the chemical symbols Hg, Cd or Pb indicate that the battery contains mercury, cadmium or lead above the reference levels in EC Directive 2006/66. If batteries are not properly disposed of, these substances can cause harm to human health or the environment.

To protect natural resources and to promote material reuse, please separate batteries from other types of waste and recycle them if possible through your local recycling centre.

For your safety

Using equipment safely

Your Sky+HD box has been manufactured to meet international safety standards, but you must take care if you want it to perform properly and safely. You must have your Sky digital satellite system installed by a qualified satellite-TV installer. It is important that you read this booklet completely, especially the safety instructions below. If you have any doubts about the installation, operation or safety of your Sky+HD box, please contact Sky or your dealer.

Warnings and cautions

- Remember that contact with 230V AC mains can be lethal or can cause a severe electric shock. To avoid this risk:
  - Never remove the top cover of your Sky+HD box. There are no user-serviceable parts inside, but there are some high-voltage live parts.
  - Do not attempt to repair your Sky+HD box. Instead, please contact Sky Customer Service on the number provided in the Terms & Conditions.
  - Never attempt to move or repair your satellite dish or low noise block.
  - If you move your Sky+HD box between locations at different temperatures, allow it to reach room temperature before you apply power to it.
  - Make sure that all electrical connections are properly made.
  - Do not connect any of your equipment (Sky+HD box, TV, video etc.) to the mains supply until you have properly connected all the other leads.
  - Disconnect your Sky+HD box from the mains supply before you disconnect any other equipment from its rear panel.
  - Never push anything into holes, slots or other openings in the casing of your Sky+HD box (except your viewing card and interactive card into their respective slots).
- Your Sky+HD box is intended for use in moderate climates. Do not use or store your Sky+HD box in hot, cold, damp or dusty places.
- In order to ensure a free flow of air around your Sky+HD box, allow at least 10 cm of space above and on all sides (especially between your Sky+HD box and your TV). Do not cover any ventilation slots.
- Ensure the ventilation slots do not become impeded with items such as newspapers, tablecloths and curtains or similar items.
- Do not place your Sky+HD box close to sources of heat such as a heater or direct sunlight. The maximum temperature should not exceed 45˚C.
- Do not place your Sky+HD box in an enclosed cabinet with more than one other piece of audio/video equipment e.g. VCR or DVD.
- Do not put anything on your Sky+HD box which might drip or spill into it. Never stand objects filled with liquids, such as vases, on top.
- Never place naked flame sources, such as lighted candles, on or adjacent to your Sky+HD box.
- To avoid possible damage to the internal hard disk, do not pick up or otherwise move your Sky+HD box while it's connected to the mains supply. If you want to move your Sky+HD box, first switch it to standby using the remote control or front-panel button then wait at least 60 seconds before disconnecting it. Wait another 30 seconds before continuing. You should handle your Sky+HD box carefully as any damage you cause to the internal hard disk (or any other component) will invalidate your warranty.

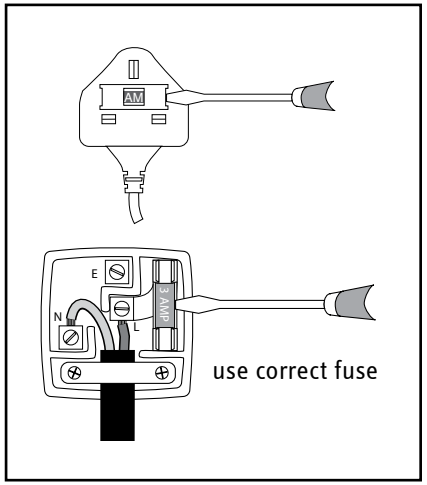
Electrical information

Mains plug and its fuse

The supplied mains plug may be a non-rewireable type or a rewireable type. Both types contain an approved 3A fuse. If you need to replace the fuse, use an ASTA- or BSI-approved BS 1362 fuse, rated at 3A and marked with either of these symbols.

Non-rewireable plugs have the fuse beneath a fuse cover on the plug face. Use a screwdriver to lever off the fuse cover, replace the fuse with a new one and refit its cover. Never use a plug if its fuse cover is missing.

Rewireable plugs have the fuse inside. Use a screwdriver to remove the plug's back cover, then lever out the fuse and replace it with a new one. Replace the plug's back cover.



If the supplied mains plug is not suitable for your mains socket-outlet, remove its fuse and then cut the plug off the lead. Destroy the severed plug immediately to avoid the shock hazard which would exist if this were to be plugged into a mains socket. Do not attempt to repair or modify the mains lead or plug. Fit an appropriate mains plug on the lead. If this plug contains a fuse, it should be as described above. If you are using a non-fused plug, an external fuse must not exceed 5A.

Connecting to the mains supply

Your Sky+HD box operates with 230V AC, 50 Hz mains supply. Do not connect it to a DC power supply.
On some models, the supplied mains lead has a 2-way connector at one end and a mains plug at the other. Insert the 2-way connector into your Sky+HD box before you insert the plug into the mains supply.
The only way to disconnect your Sky+HD box from the mains is to take the plug out of the socket. Your Sky+HD box must therefore be installed near the mains socket outlet, which should be easily accessible.

If you are in any doubt about anything relating to the mains supply, consult a competent electrician.

Troubleshooting

You can get help on using Sky digital from various places.

- Use this booklet as your full guide to using your Sky+HD box and getting the most out of its exclusive features. The troubleshooting tips in the next pages may come in handy if you have any problems. If you have any problems with your Sky+HD box that aren't covered in this guide or the other references, call Sky or your broadcaster.
- You can find technical help under *Interactive* > *Customer Support* > *Help & Assistance* > *Sky HD*.
- Press **help** on your remote control for general help on using the Sky Guide screens.
- For online help, go to the Customer Support pages of sky.com/help.
- Don't forget the user guides that come with your TV, video/DVD recorder, sound system and any other devices you're using.
- For information about HD, go to sky.com/hd.

What's wrong?	Possible reason	What to do now
I've forgotten my PIN.	-	You can request a reminder or reset your PIN, as follows: **To get a PIN reminder through Sky Guide:** Press **interactive** on your remote control. Select the *Customer Support* tab then *PIN Reminder* and follow the on-screen instructions. **To reset your PIN on sky.com:** Go to sky.com/customers and click *Manage My Account*. Follow the instructions to log in or register. Click *Reset Viewing Card PIN number* and follow the on-screen instructions.
I can't receive HD channels.	You may not have the right subscriptions or equipment.	Follow the instructions on-screen to upgrade your subscription.

What's wrong?	Possible reason	What to do now
I can't find my HD programmes	-	Your HD channels are listed separately. Go to *TV Guide* and select *HD*. If you can't see them here, you may not have the right subscriptions or equipment. To upgrade to Sky+HD, call us.
Nothing is happening on-screen / my screen is blank.	Your Sky+HD box may not be plugged into the mains.	1 Make sure the mains lead is properly plugged in and your Sky+HD box is switched on. 2 Check that your Sky+HD box is not in standby. The ⏻ light on the front panel of your Sky+HD box should be green. 3 Press **Sky** on your remote to control your Sky+HD box.
	Your TV may not be able to detect the HDMI input automatically.	1 Make sure that your HDMI cable is connected to both your HD box and your TV. Refer to your TV user manual to find your HDMI input. 2 Use your TV remote control to scroll through the AV input options until you find the HDMI input(s). 3 Press **Sky** on your HD remote control and the picture should appear. If you have checked the above and still can't see anything on-screen, please refer to your TV user manual to find out how to set up your HDMI input(s).
There is on-screen interference.	Your TV or video recorder may not be correctly tuned.	Check all cable connections, and that your TV and video recorder are tuned to your Sky+HD box. If you are using an aerial RF connection, check that your TV and video are tuned to the right RF channels. For further information refer to your TV and video recorder user guides. In some cases your Sky+HD box may need retuning. Call Sky Customer Service on the number provided in your **Terms & Conditions** document.

What's wrong?	Possible reason	What to do now
My remote control isn't working.	Your Sky+HD box may be off or not plugged into the mains. The batteries in your remote control may be flat or an obstacle may be between your remote control and your box.	Make sure you point your remote control directly at your Sky+HD box, and that nothing is between the two. The remote command light on your Sky+HD box and on your remote control should flash each time you press a remote control key. If neither light flashes, check the batteries in your remote control.
Some/all of the buttons on my remote don't work with my TV.	Someone has pressed **Sky** on your remote control and you are in TV mode, or you need to reset your remote control.	Press **tv** on your remote to control your TV. Refer to **Resetting your remote control** (page 67) in this guide to reset your remote.
My remote control works with my TV but not with my Sky+HD box.	Someone has pressed **tv** on your remote control.	Press **Sky** on your remote to control your Sky+HD box.
It says *Clashed* next to a recording in my Sky+ Planner.	A third programme was set to record at the same time as two others, OR A programme's time changed after you set it to record, making it clash with other recordings.	See **When recordings clash** (page 33) to avoid this in the future. Bear in mind that for series-linked programmes, the next episode is sometimes added to the Planner only when the previous episode starts recording.
It says *Recording interrupted* in a recording's programme information.	Someone may have interrupted the recording then restarted it, OR You may not have the right subscription.	If you are sure the recording was not interrupted and then restarted, please call Sky Customer Service on the number provided in your **Terms & Conditions** document.
One of my recordings failed.	This could be for a number of reasons.	To see why it failed, highlight the programme in your Planner and press the ***i*** button. See also **Using your Planner** (page 24).
I can't see future recordings or reminders for a particular programme within my Planner.	The channel may no longer be broadcast, or the programme may have been cancelled or moved.	-

What's wrong?	Possible reason	What to do now
The start of a programme was not recorded.	You set up numerous back-to-back recordings. Sky prioritises the end of an existing recording over the start of a new one.	To get your Sky+HD box to record in the most efficient way, see **Adding extra time to the start and end of recordings** (page 38) and change the settings back to *Automatic*.
My phone line is not connected (continued opposite...)	Your phone line is not physically connected to your Sky+HD box.	Press **services**, select *Settings* then the *Signal* tab. If you get the message *Telephone line not connected*, you need to make sure the phone lead is connected properly. If you see the message *Telephone line connected*, try solutions A - E below.
	A) Your phone number is ex-directory or you withhold your number when making calls. (see overleaf for more possible reasons).	A) Change the dialling prefix, as follows: 1 Press **services**, press **right** to highlight *Settings* then press **select**. 2 Press the numbers **0**, **1** then **select** to show the *Installer Setup* menu. 3 Press number **3**. 4 Highlight *Dialling Prefix* and press the number sequence **1**, **4**, **7**, **0**. 5 Select *Save Settings*. 6 Make sure your phone line is free then press **select**. Your box now tries to call us back, which checks the phone line connection. After getting the message *Callback in progress*, the previous menu appears. If you see any other message at this stage, please call Sky Customer Service for more advice. The number is provided in the **Terms & Conditions** document.

Warning: please make sure you follow steps 1 - 6 precisely and do not make any other changes while in the *Installer Setup* menu as these may have an adverse effect on your service.

What's wrong?	Possible reason	What to do now
My phone line is not connected (...continued)	B) There's more than one phone line in your home but you've connected one or more of your boxes to the line that's NOT registered to your Sky account.	B) Reconnect your Sky box(es) to the correct phone line (the one you have registered with us), then follow the 'callback' procedure below.
	C) A Sky box and card registered to your account is in another property that you own.	C) Reconnect the Sky box to the phone line at the home address that your account is registered to - and always keep it connected at that property only, then follow the 'callback' procedure below.
	D) You have an ADSL/Broadband service at home.	D) Make sure you have an ADSL/broadband filter connected to the phone socket, plug the telephone line from the box into the filter, then follow the 'callback' procedure below.
	E) You have disconnected your phone line (e.g. to carry out decorative works in your home).	E) Reconnect the phone line, then follow the 'callback' procedure below.

Warning: please make sure you follow steps 1 - 5 precisely and do not make any other changes while in the *Installer Setup* menu as these may have an adverse effect on your service.

Callback procedure:

1 Press **services**, press **right** to highlight *Settings* then press **select**.
2 Press the numbers **0**, **1**, then **select** to show the *Installer Setup* menu.
3 Press number **6**. When *FOR YOUR INFORMATION* appears, press **select**. When the next screen appears showing a number of readings (signal strength etc.), press **select**. When you see the message *Channel line-up complete*, press **select**.
4 Make sure your telephone line is connected and press **select** again.
5 Your box now tries to call us back, which checks the phone line connection. After getting the message *Callback in progress*, the previous menu appears.

If you see any other message at this stage, please call Sky Customer Service for more advice. The number is provided in the **Terms & Conditions** document.

What's wrong?	Possible reason	What to do now
I can't find a channel I have watched before.	The channel name or number may have changed. Alternatively, the channel may be listed under a different tab option, may no longer be broadcast, or may no longer be part of your subscription package.	Check the TV Guide listings to search for the channel.
I can't get a picture on my HD channels.	You may not have the right subscriptions or equipment. The resolution output setting may be incompatible with your TV set.	You may not have the right subscriptions or equipment. To upgrade to Sky+HD, call us. If you're sure you have the right equipment and subscriptions to receive HD channels, try following the steps under **Changing the picture settings** (page 66).
The audio and video are out of sync when the Sky+HD box is connected to my home cinema system.	This is quite common and can be corrected by adjusting the audio delay setting on your Sky+HD box.	Try changing the audio delay setting. See **Adjusting sound synchronisation (**page 73) for details.
My Sky+HD box isn't working: The box is stuck on stand-by / the screen is blue / the picture is frozen and the remote control or buttons on the box are not responding	Because of a temporary error, you may need to restart your Sky+HD box.	1 Make sure the mains lead is properly plugged in and your Sky+HD box is switched on. 2 Check all cable connections between your Sky+HD box and TV. If you are still experiencing the same issue, restart your Sky+HD box as follows: 1 If possible, make sure the box is in standby (red power light). 2 Wait one minute (important to avoid damage). 3 Turn the box off at the mains and wait one minute. 4 Turn the box back on. The power light turns red. 5 Wait 30 seconds then press the power button. 6 The box comes out of standby and the power light turns green. If this doesn't solve it, call Customer Service (see your **Terms & Conditions**).

Display messages

Read these tips if you see a message on-screen and you don't know what to do next.

Message	What does it mean?	What to do now
Insert your viewing card	There's no viewing card in the viewing card slot of your Sky+HD box.	Insert or reinsert your viewing card in the direction of the arrow. The card holds all the information your Sky+HD box needs to know about your subscription.
There is a problem with your viewing card	Your Sky+HD box cannot recognise your viewing card.	Check that it's your viewing card, that it's in the right way up, and that it's not damaged.
Insert your new viewing card	You have inserted your old viewing card.	Remove your old viewing card and insert your new viewing card.
This viewing card is not authorised	-	Call the telephone number shown on your screen to get your viewing card authorised.
This is the wrong card for this Sky HD box. Insert the correct viewing card	You have more than one box and have put the wrong viewing card in this Sky+HD box.	Insert the correct viewing card for this Sky+HD box.
You cannot purchase this programme at the moment	Most likely because of a temporary problem, you can't buy this programme now.	You may be able to buy it later.
This programme has already started	The programme has already started and you can't buy it now.	Check the listings to find out when it's on next so you can buy it then.
Recording/Live Pause is not available	Your Sky+ subscription has expired.	Call Sky+ Customer Service to renew your subscription. The number is provided in your **Terms & Conditions** document.

Message	What does it mean?	What to do now
The Planner is full. You must delete an entry before another programme can be added	You have already used the maximum space in your Planner.	Try to delete some programmes from the Planner. Highlight a programme you want to delete from your Planner and press the **yellow** button (*Delete*).
There is insufficient credit [or space] left on your viewing card	There's not enough credit / space left on your viewing card account to buy this programme / store the information for this programme.	First check that the telephone lead between your Sky+HD box and the socket is properly plugged in. If you still see the message, call the number shown on your screen so you can order this programme.
You have entered your PIN incorrectly three times. PIN is now blocked for 10 minutes	The wrong PIN has been entered three times in a row.	You will not be able to access anything that needs a PIN for 10 minutes. If you have forgotten your PIN, call your broadcaster.
No satellite signal is being received	This could be due to bad weather, such as strong winds or heavy rain. Snow on your minidish can also cause a loss of signal.	If the picture isn't restored after the weather has cleared, or the conditions are fine, check that the cables from your minidish are correctly plugged into the back of your Sky+HD box. Otherwise, restart your box by following the steps under **My Sky+HD box isn't working** (page 84). If this doesn't resolve the problem, call Sky Customer Service on the number provided in your **Terms & Conditions**.
To use the full range of interactive services please ensure that an operating telephone line is connected	Your Sky+HD box is not connected to an operating telephone line.	Check that the telephone lead between your Sky+HD box and the socket is properly plugged in. Follow the steps described under **My phone line is not connected** (page 82).
Upgrade your subscription to view this channel	You don't have the right subscription.	Follow the instructions on-screen to upgrade your subscription.

Message	What does it mean?	What to do now
No signal found	Your Sky+HD box couldn't find a signal after you asked it to find new channels.	Check the settings you entered were right.
This programme is no longer available	You selected a programme that is no longer available in your Planner.	Select another programme.
Digital text is not available during playback	Your Sky+HD box cannot show digital text while you're playing a recording or in live pause.	To view digital text, press **Sky** to return to live programmes, then press **text**.
You cannot record/play back this programme	You tried to record a programme which cannot be recorded by your Sky+HD box.	Select a different programme to play back / record. If this doesn't work, call Sky Customer Service on the number provided in your **Terms & Conditions**.
System fault	There was an unexpected error with your Sky+HD box during system setup.	Call Sky Customer Service (see your **Terms & Conditions**).
Housekeeping. Please wait	Your Sky+HD box is trying to resolve a system fault.	Wait for your Sky+HD box to resolve the problem; if it is not resolved call Sky Customer Service (see your **Terms & Conditions**).
Recording interrupted by loss of signal or cancellation. Please wait	Your Sky+HD box temporarily lost the satellite signal during recording, or recording was cancelled and restarted during the programme.	You may see this message when you're playing back a recorded programme. After a few seconds your Sky+HD box continues playback from the point when the satellite signal returned or recording was started.
Play/Pause/Record are not available whilst in an interactive service	You tried to play, pause or record a programme while you are using an interactive service.	Press **Sky** on your remote control to leave the interactive service before using these buttons. As long as the broadcaster allows it, you can record programmes featured within an interactive service. However, you cannot record the entire interactive service itself.

Message	What does it mean?	What to do now
The batteries in this remote control are low. Please replace within the next few days (or you see a battery symbol in the Now, Next & Later banner)	The batteries in the remote control need to be changed to avoid losing your remote control settings.	Change the batteries in your remote control as soon as possible. See **Replacing the batteries** (page 69).
Channel not available	You have entered the wrong channel number. If it's an adult channel it may have been removed by parental control settings.	Select a different channel or turn off the *Remove Adult Channels* setting under *Parental Control* > *Adult Channels*. See **Having more control over kids' viewing** (page 55).

Telephone numbers

You can find Sky and other broadcasters' phone numbers in your Sky Guide; Press **services** (for *Options*), press **down** then select the *Telephone Numbers* tab.

This list includes specific numbers for Sky+ and Sky+HD.

When you call, please have your system information available as we will need this to deal with your problem. To find this information, press **services**, scroll right and select *Settings* then select the *Details* tab.

Specifications

These specifications may change without notice. Sky may not be held responsible for discrepancies.

General

Operating voltage:	230V AC; 50Hz
Power consumption:	55W (max.) / LNB switching +13/+18VDC 350mA MAX / 22kHz
Weight:	4.5kg (packed)
Dimensions (W x H x D):	399mm x 81mm x 295mm (inc. rubber feet and connectors)
UHF modulator:	CCIR PAL System I; Ch. 21 to 69 (factory setting is 68)
Operating temp. range:	+5°C to +45°C
Storage temp. range:	-20°C to +60°C
Hard disk capacity:	320GB (160GB personal storage space)

Connectors

MAINS INPUT:	IEC 320 2-pin
DISH INPUT 1:	female F-type 75Ω (950-2150 MHz)
DISH INPUT 2:	female F-type 75Ω (950-2150 MHz)
TELEPHONE LINE:	RJ11, V90
RS-232:	DB-9 female, data communications equipment (DCE) / EIA/TIA-232-E ITU-T V.28 115.2 kbit/s (max.)
AERIAL IN:	IEC 169-2 female
RF OUT - 1:	IEC 165-2 male
RF OUT - 2:	IEC 165-2 male
DIGITAL AUDIO OUT:	Optical digital-audio socket for 5.1 surround sound
AUDIO OUT (L and R):	Phono sockets (RCA)
USB 2.0 :	(for future connectivity) front and rear connectors
HD ANALOGUE COMPONENTS:	(selected models only) Y, Pr, Pb
S-VIDEO OUT:	4-way mini-DIN
VCR SCART:	SCART (composite video in/out; RGB in)
TV SCART:	SCART (composite video out; RGB out)
HDMI :	HDMI 1.1 type A
ETHERNET:	(for future connectivity) RJ45, IEEE802.3 10BASE-TX and 100BASE-TX
SATA:	external HDD interface, SATA 1.0a

CE

The product complies with the following European Council Directives:
- 2006/95/EC (the Low Voltage Directive) as amended;
- 2004/108/EC (the EMC Directive) as amended;
- 1999/5/EC (the R&TTE Directive) as amended.

If you connect earthed equipment to the RS-232 port, you must use an approved screened cable.

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HD jargon-buster

DVI	Digital Video Interface. Provides high-bandwidth digital connection between a video source and a TV. Audio is carried separately.
HDMI	A High Definition Multimedia Interface is like a high definition scart cable, a high-bandwidth digital connection for both video and audio. HDMI ensures the best video signal is sent from the source (HD signal) to the display (LCD, Plasma, DLP). It does this by sending uncompressed video and multi-channel audio to the TV through one single cable.
HDCP	High bandwidth Digital Content Protection (HDCP) is a copyright protection system that is included in HD TVs and receivers. It prevents unauthorised duplication and distribution of copyrighted content.
HD READY	HD ready is a labelling scheme being introduced by the European TV manufacturers' organisation EICTA to help you choose an HD TV. The HD ready logo will appear on an increasing number of TVs in the shops. Sky's HD service is designed to work with TV sets that carry the HD ready label. So look for the logo to make sure you're ready for HD.
HD TV	HD TV (high definition television) provides a higher quality display with a vertical resolution display from 720p to 1080i. These rates translate into a frame rate of up to 60 frames per second, twice that of conventional TV. HD TV pixel numbers range from one to two million, compared to SD TV's range of 300,000 to one million. As for audio, HD TV receives, reproduces, and outputs Dolby® Digital 5.1 audio. This HD TV designation means that the set has an internal ATSC tuner/decoder, as well as meeting HD TV widescreen specifications. HD TV sets display in 1080i/720p.
INTERLACED SCANNING	With interlaced scanning, a display shows all the odd lines at one scan of the screen and then all the even lines in a second scan of the screen.
PIXEL	Pixel is the abbreviation for "picture element". Pixels are the smallest bits of data in a video image. The more pixels there are in an image, the greater the resolution.
PROGRESSIVE SCANNING	Progressive scanning is based on the principle that all the horizontal scan lines are 'painted' on the screen in one pass. 720 or 1080 horizontal lines are scanned progressively or in succession in a vertical frame. This is repeated 50 times a second. Some displays, for example LCD and plasmas scan progressively, whilst CRTs in TV sets usually scan using interlaced lines.
720p	720p means the vertical resolution of the TV picture is 720 lines. 'p' refers to progressive scanning.
1080i	1080i means the vertical resolution of the picture is 1080 lines. 'i' refers to interlaced scanning.

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The details in this guide are correct at the time of going to print. Programme references are for feature illustration purposes only and do not necessarily reflect current scheduling. The specification and features are subject to change at any time without notice.

No responsibility can be accepted for any failure of your Sky+HD box to receive, process or act on information transmitted to it, or any change in the performance of your Sky+HD box as a result of the transmission of this information.

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